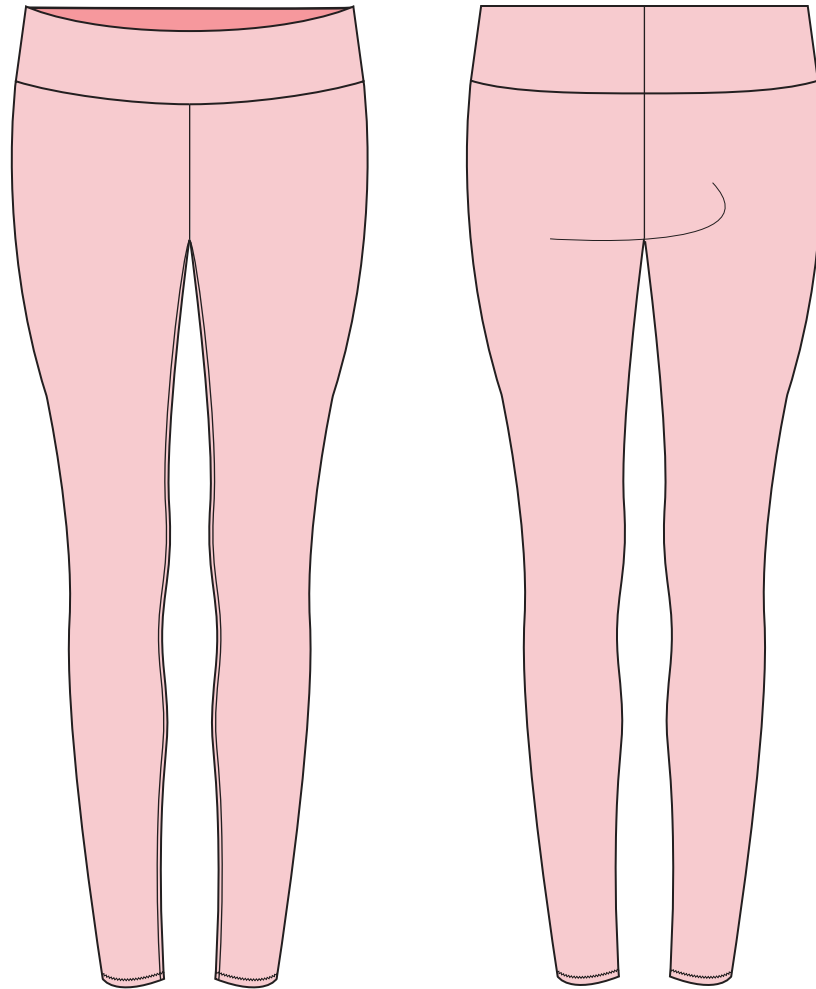


spit up & *stilettos*



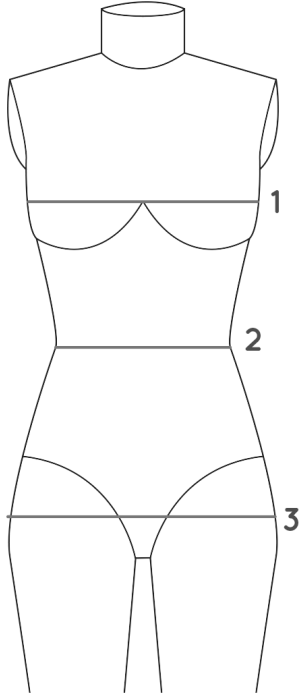
MATILDA LEGGINGS

Level: Easy | Time: 1-2 Hour | Pages: 21

These stretch leggings are the ultimate in comfort. Wear them under dresses when the weather is cold or as a layering piece. There is no outside side seam for a smoother appearance. The best part? No serger needed. Optionally, you can make them short or capri length.

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Size Chart



Size	Numeric Size	Bust	Waist	Hips
XS	0	33"	25"	35"
XS	2	34"	26"	36"
S	4	35"	27"	37"
S	6	36"	28"	38"
M	8	37"	29"	39"
M	10	38"	30"	40"
L	12	39.5"	31.5"	41.5"
L	14	41"	33"	43"
XL	16	43"	35"	45"
XL	18	45"	37"	47"

(1) BUST: Measure around the fullest part of your bust and keep the measuring tape parallel to the floor.

(2) WAIST: Measure around the smallest part of your waist.

(3) HIP: Measure around the fullest part of your hip and keep the measuring tape parallel to the floor.

Supplies

- Knit fabric
- Polyester thread

Tools

- Fabric scissors
- Pins
- Chalk or marking pen
- Tape (for piecing pattern)
- Paper scissors (to cut pattern)

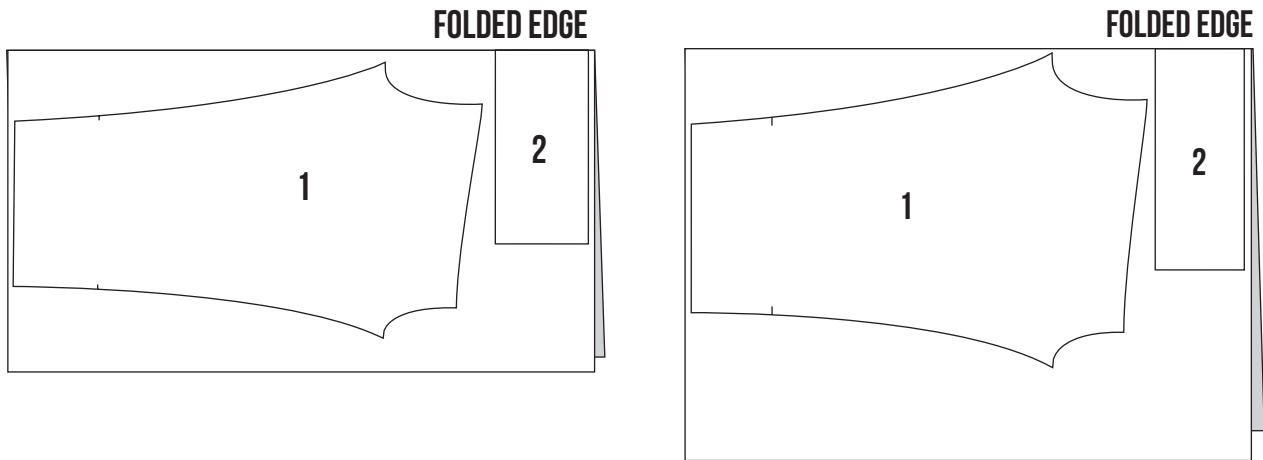
Fabric

Find a knit fabric with good resistance that bounces back really well. Otherwise your leggings will start to look stretched out after the first few times you've worn it. We suggest getting a knit with Lycra in it.

Fabric Usage

45"/60" WIDE

For either width you will need 1 1/4 yards of fabric for full length, 1 yard for capri length and 2/3 yards for short length. If you are doing a stripe or plaid legging, you will need an extra 1/2 to 1 yard of fabric. Below is the layout guide. For sizes Large and Extra Large, you will need a fabric that is 60" wide.



Pattern Key

GRAIN-LINE

This red arrow indicates your grain-line, which you should align with the grain of your fabric. Don't know what grain-line or grain is? Let us explain. When fabric is made it is woven with threads that go in two different directions. Lengthwise, which spans the cut edges and crosswise, which spans the selvage edges (the selvage is the band of tightly woven fabric that runs up either side). The lengthwise direction is the grain of your fabric and what you use to line up your grain-line.



FOLD LINE

This means you line up the edge with the folded edge of your fabric before you cut.



First Things First

FIND YOUR SIZE

Using the size chart on the previous page, find your size. If you are in between, you can draw a new pattern line between the two sizes or simply choose the larger size.

PIECE TOGETHER YOUR PATTERN

At the end of these instructions, you will find your PDF pattern. On the first page, there is a 2" x 2" test square. Measure this square with a ruler to verify that the pattern is the correct size and then cut out each 7" x 9.5" rectangle. Tape the pieces together matching the colors/letters/numbers, then cut out your pattern size.

LAY OUT YOUR PATTERN

Using the fabric layout in the Fabric Usage section as a guide, lay out your pattern pieces. Use either pins or pattern weights (we like the latter option) to keep your pattern in place. Pay attention to the fabric grain-line and, if using a plaid or stripe fabric, make sure to line up the stripes.

TRACE THE PATTERN

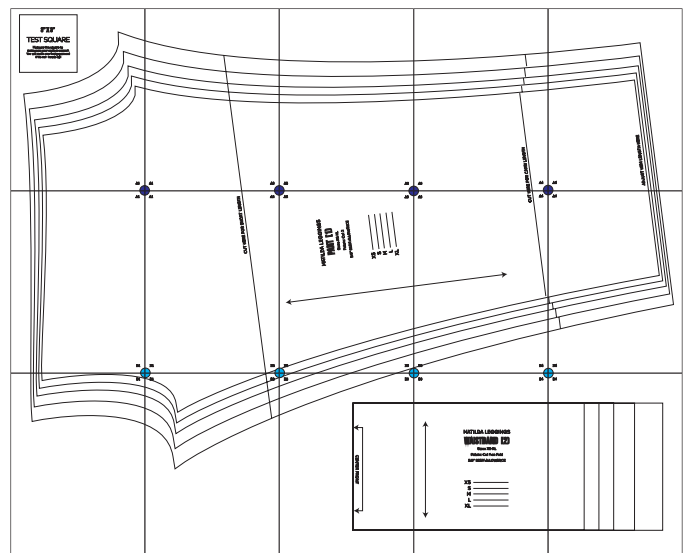
Trace your pattern edges onto your fabric by using chalk, pencil, or carbon paper. Transfer all markings, notches, darts and center front and back lines. Trust us. It's really no fun to have to come back and mark them later.

CUT IT OUT

You know that pattern tracing you just did? Well, cut along your marking lines.

SEAM ALLOWANCE

This pattern includes $\frac{3}{8}$ " seam allowances unless otherwise stated. Don't worry, we will let you know in the instructions when you're sewing a piece with a different seam allowance.



Instructions Page 1

In-Seam

NOTE: Since this is a knit, you can sew seams using either a serger or a straight stitch machine. If using a straight stitch machine, use either your overcast or knit overcast stitch.

1. Line up and pin your LEGGING in-seams, right sides together.
2. Stitch your in-seam. You should now have two leg pieces.



Crotch Seam

1. Starting at the in-seam, line up the LEGGING pieces right side together and start pinning on either side to the waist. This will make sure your in-seams line up.



Instructions Page 2

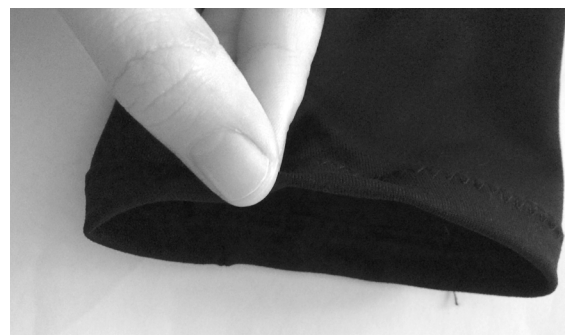
Waistband

1. Fold your WAISTBAND in half so the two shorter edges match up, right sides together and sew.
2. Turn your WAISTBAND right side out and fold in half so the two long edges match up wrong sides together.
3. Slip the WAISTBAND over your LEGGINGS, with the raw edge lined up with the waist. The seam on the WAISTBAND should be lined up with the center back seam of your leggings. Right sides should be touching.
4. Pin along the waist line to secure, then sew together.
5. Flip the waistband up.



Hems

1. Fold up your hem by 1/2" then sew using a zig-zag stitch. If you have a knit that does not ravel or fray, this step is optional.

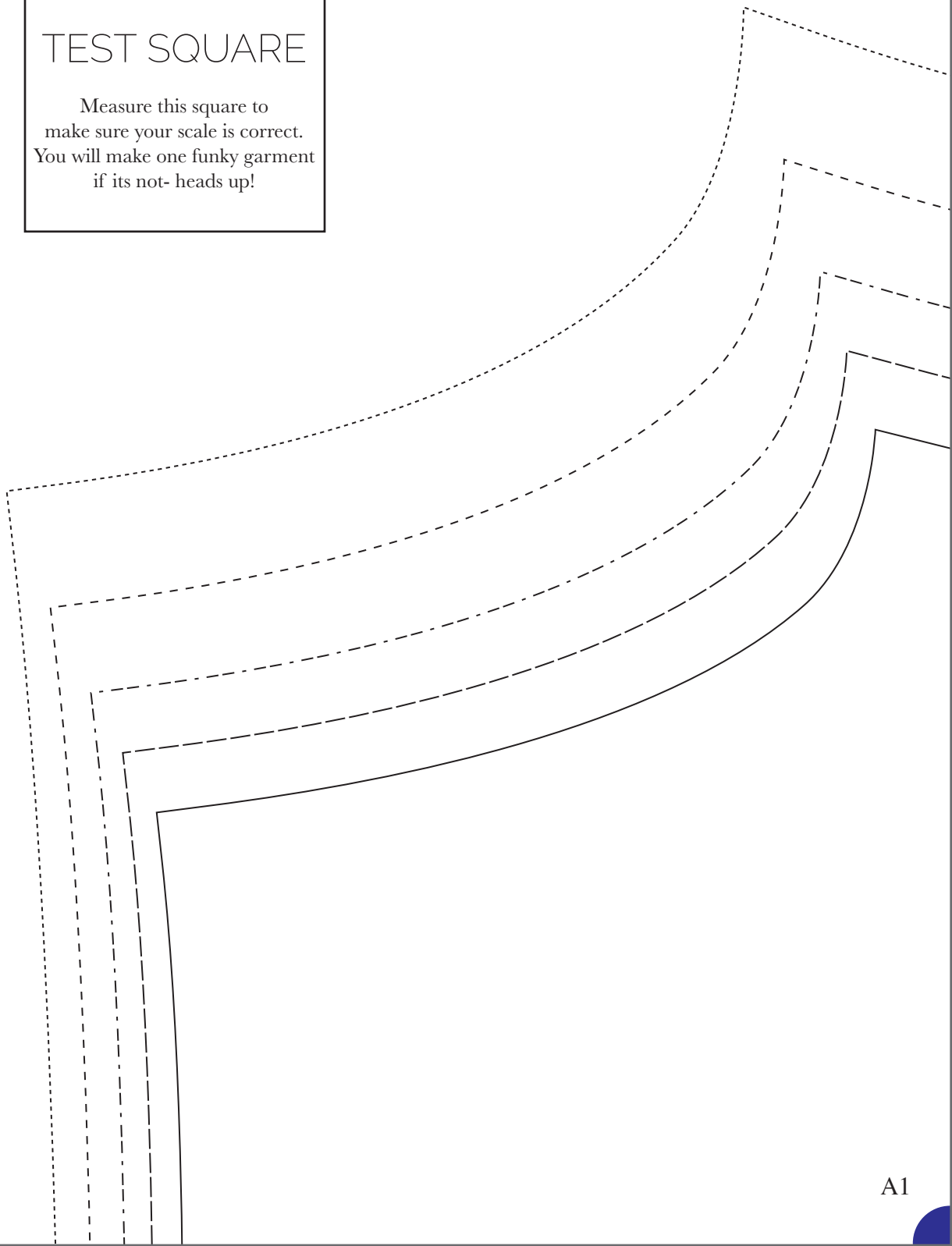


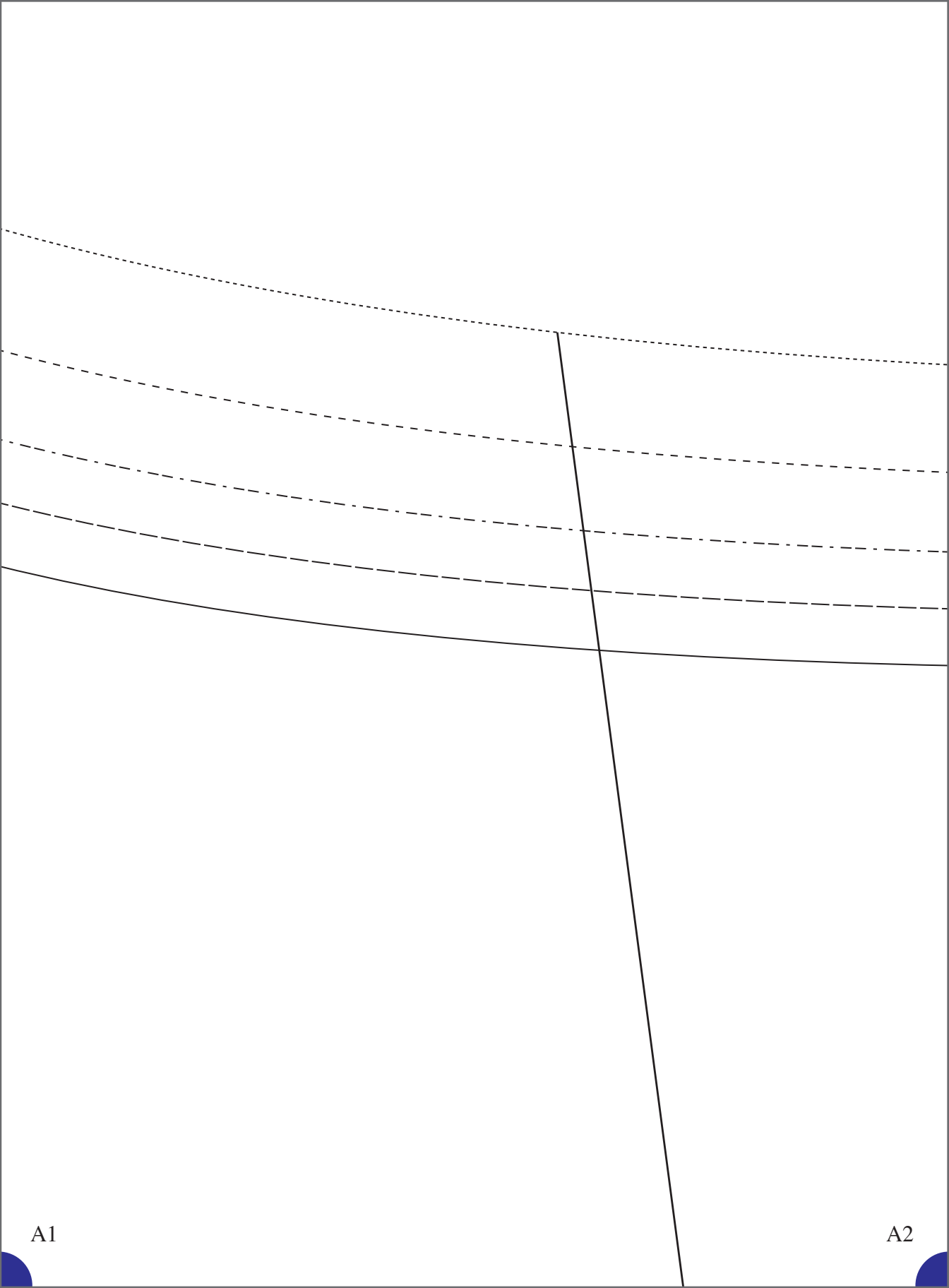
Guess who has a brand new pair of leggings? Hopefully you but if you find anything wrong with this pattern, please let me know at lauren@spitupandstilettos.com

2" x 2"

TEST SQUARE

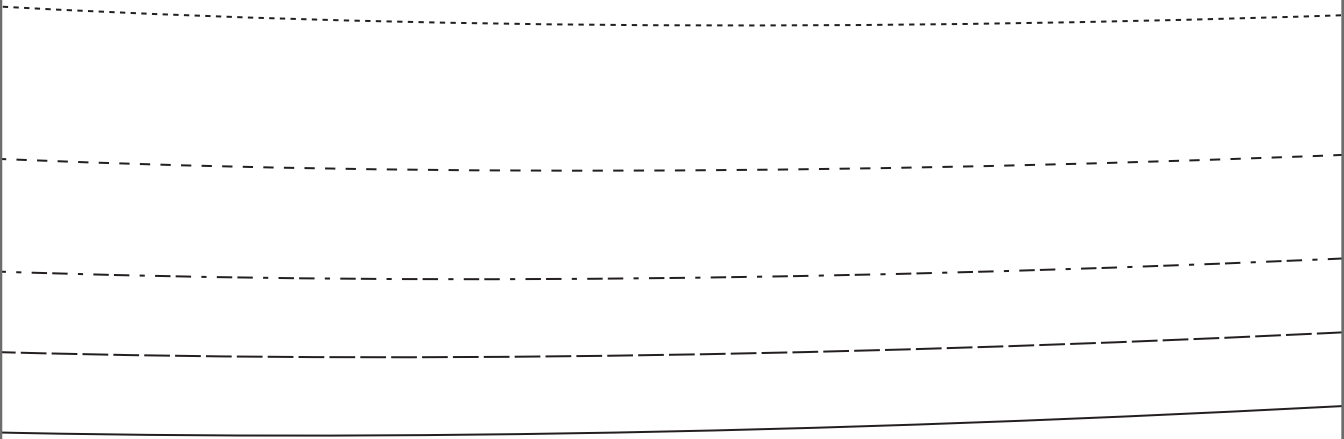
Measure this square to
make sure your scale is correct.
You will make one funky garment
if its not- heads up!

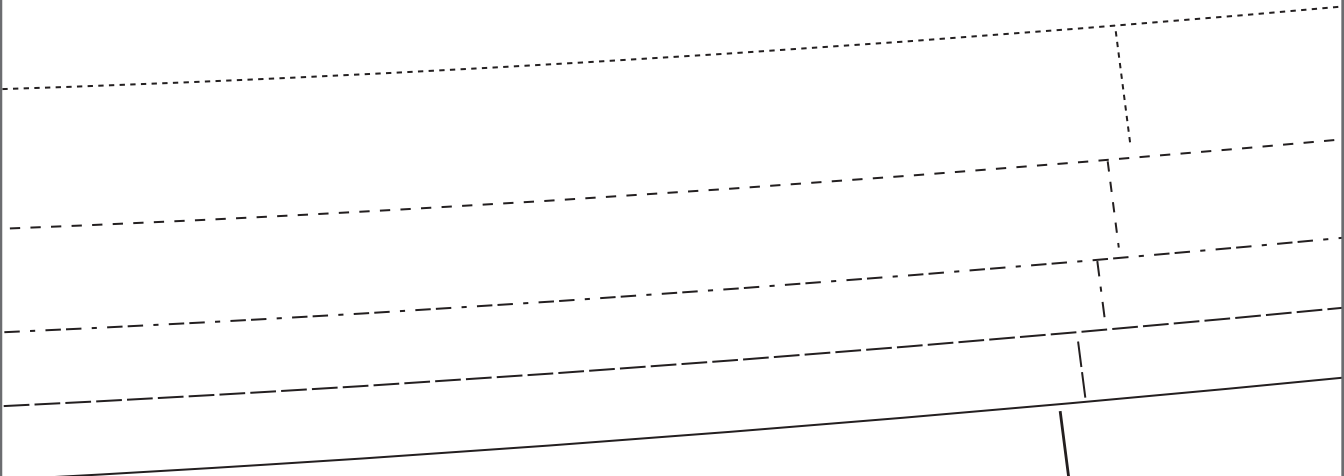




A1

A2

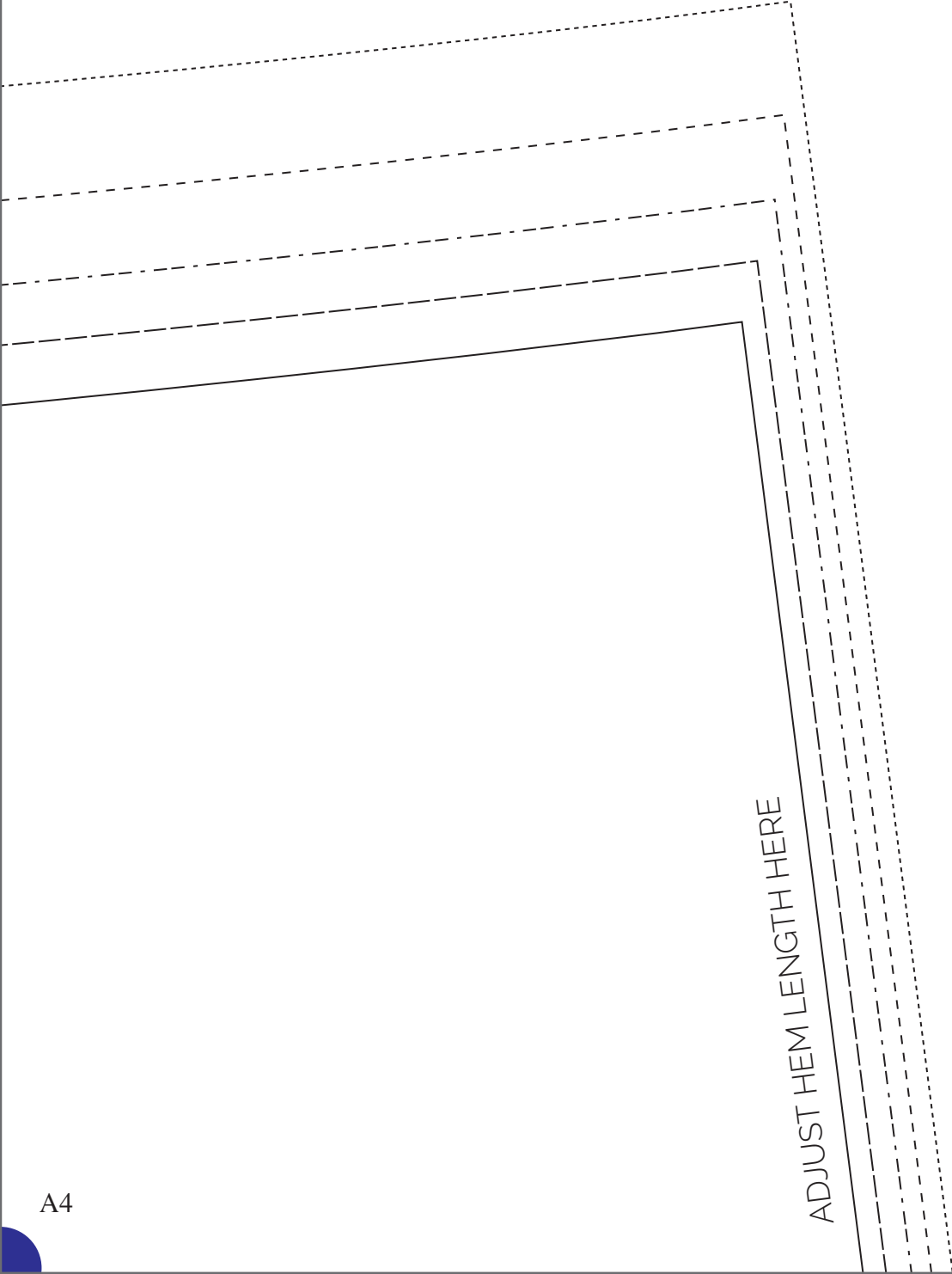




A3

A4

HERE FOR CAPRI LENGTH



ADJUST HEM LENGTH HERE

A1

A2

CUT HERE FOR SHORT LENGTH

B1

B2

MATILDA LEGGING

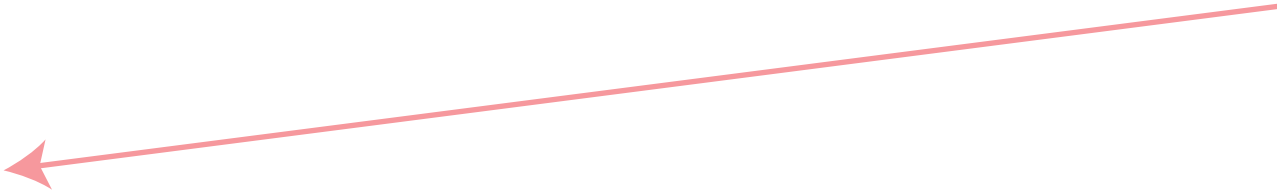
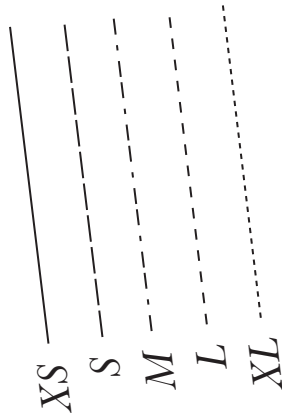
Legging (1)

Sizes XS-XL

Fabric: Cut 2

3/8" SEAM ALLOWANCE

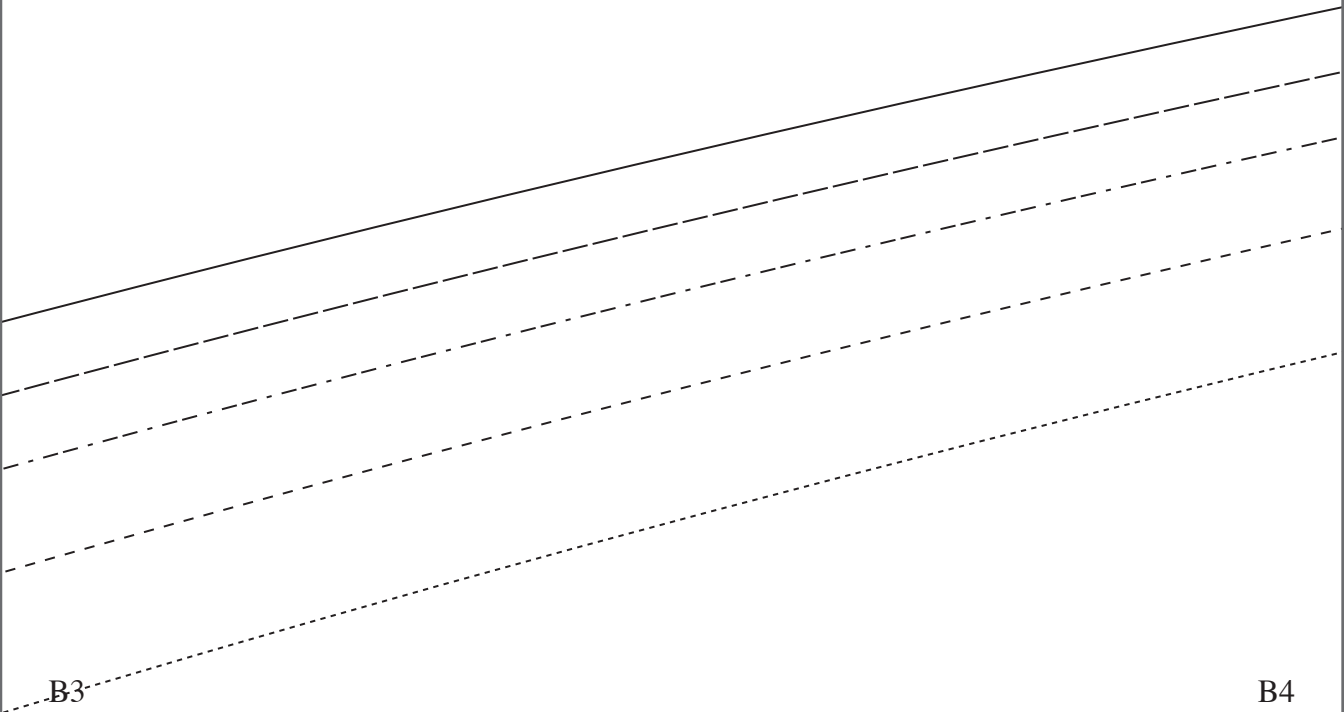
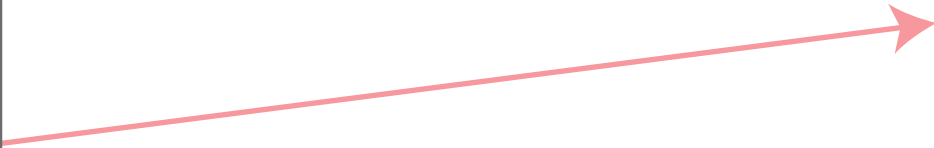
3/4" HEM ALLOWANCE



A3

A4

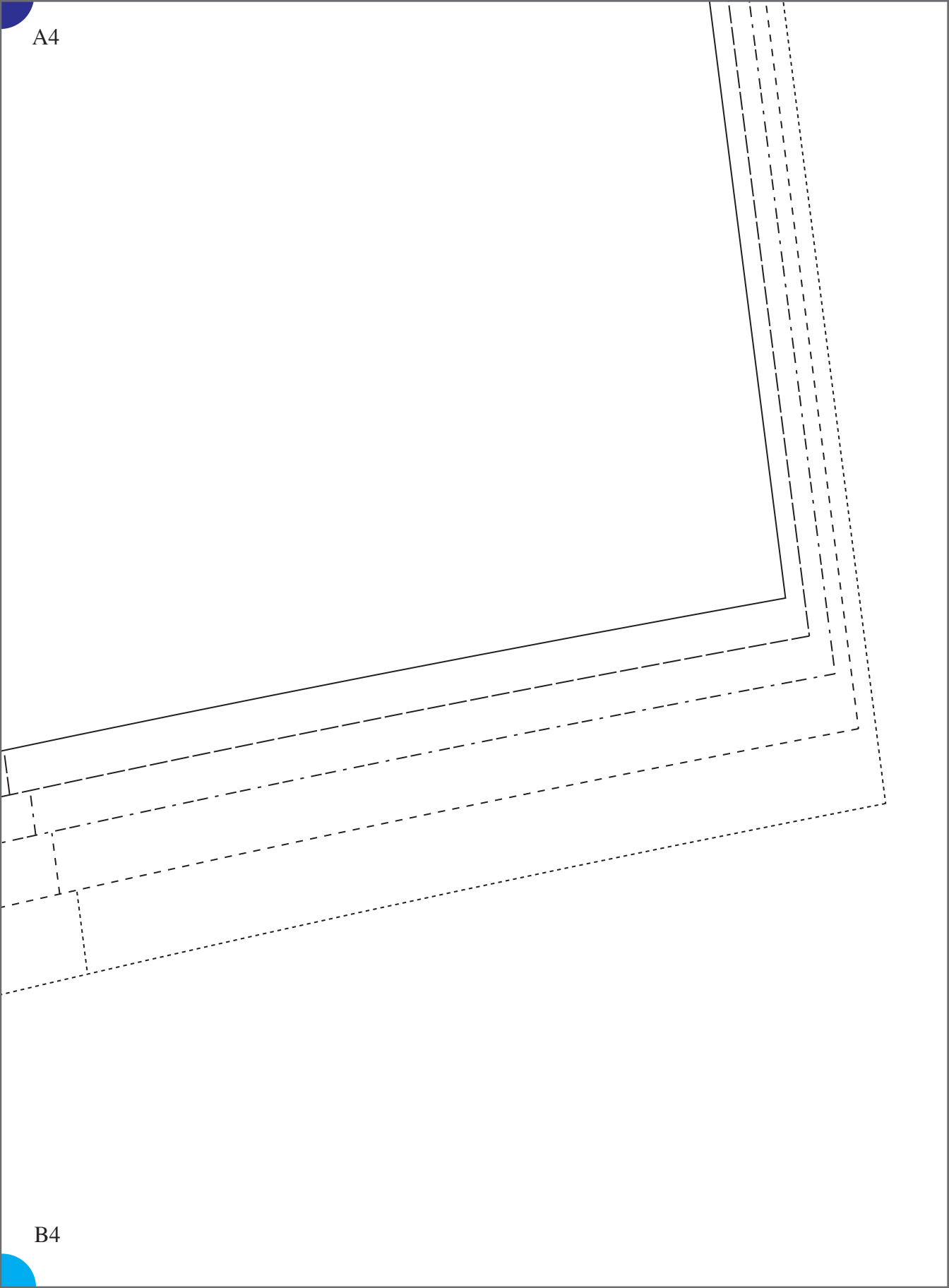
CUT H



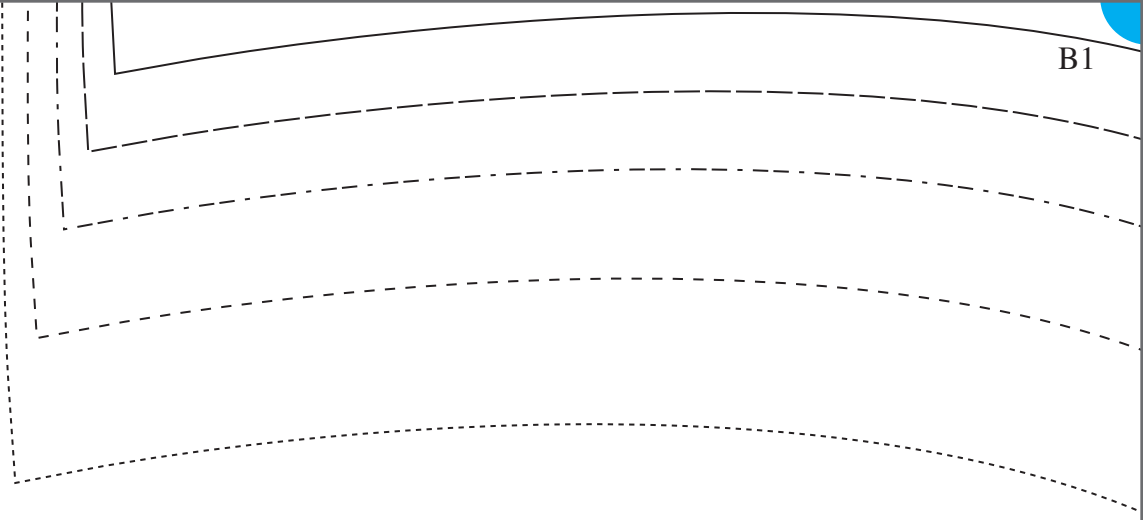
B3

B4

A4

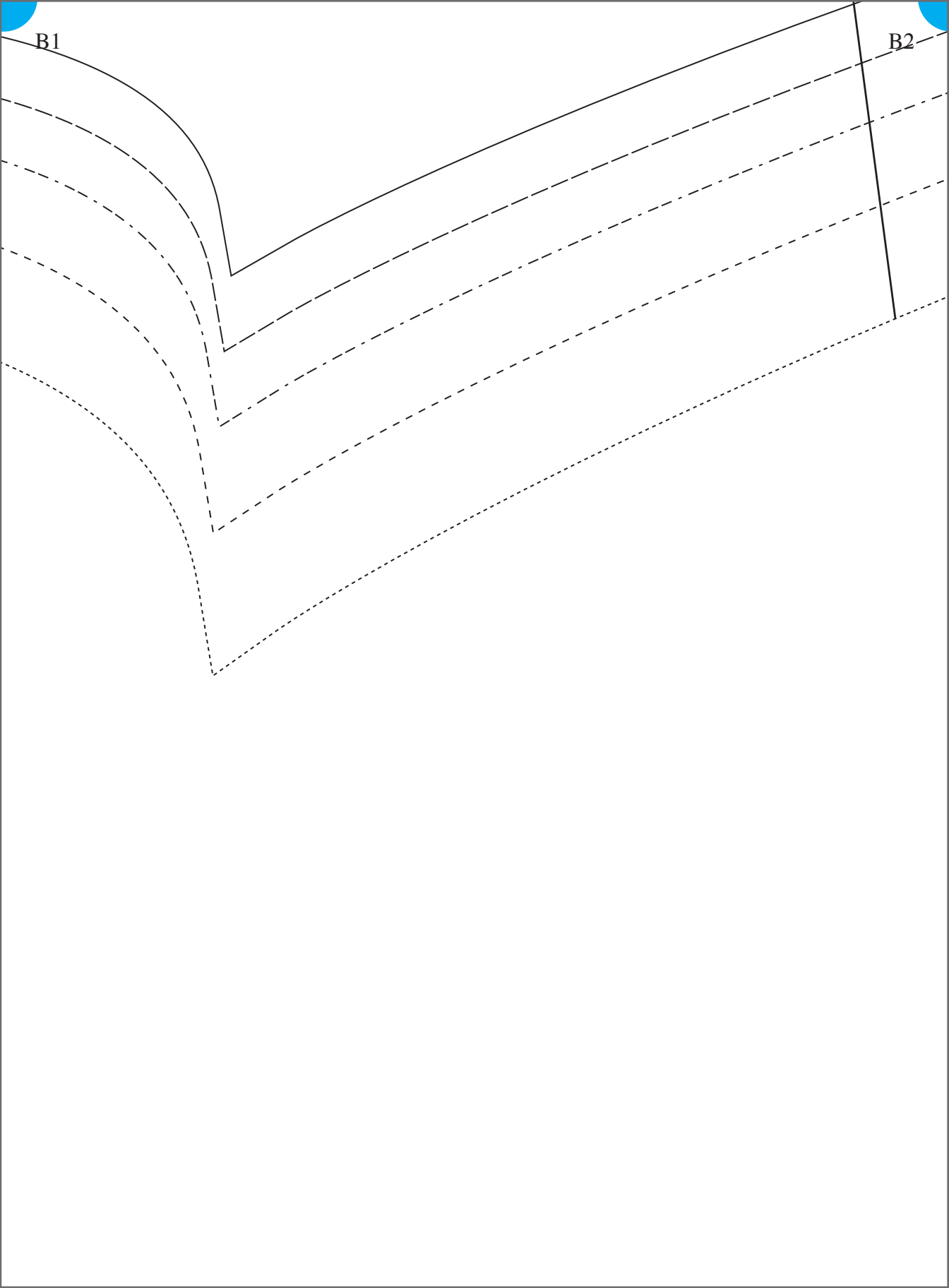


B4



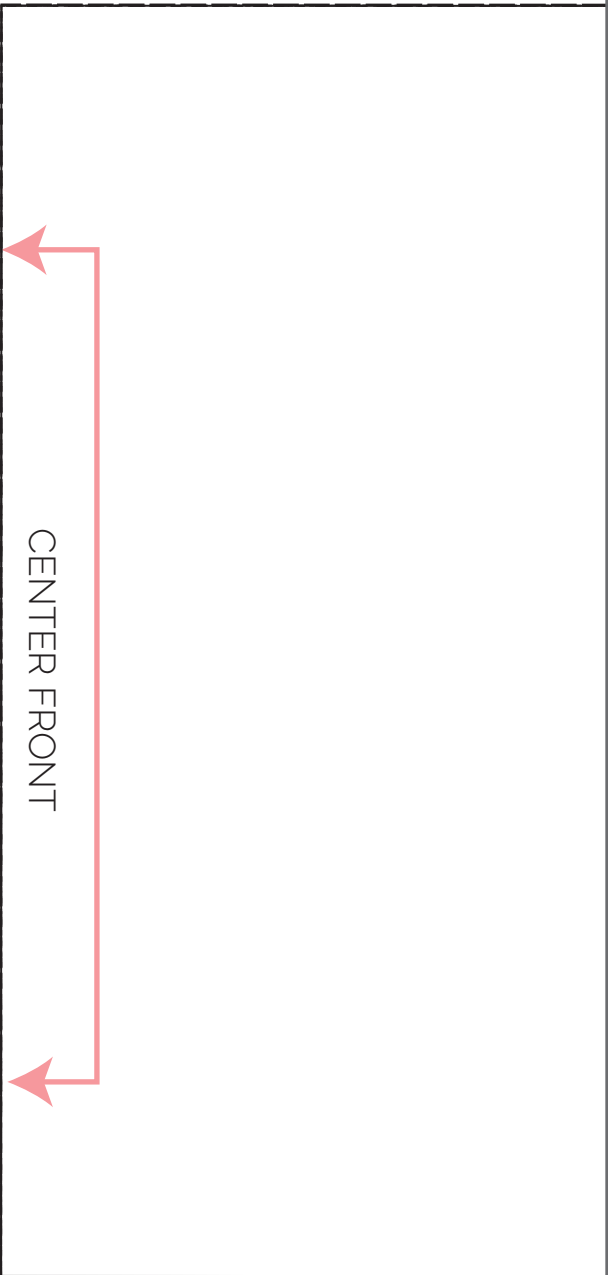
B1

B2



B2

B3



CENTER FRONT

MATILDA LEGGINGS

Waistband (2)

Sizes XS-XL

Fabric: Cut 1 on Fold

3/8" SEAM ALLOWANCE

<i>XS</i>	—————
<i>S</i>	- - - - -
<i>M</i>	- - - - -
<i>L</i>	- - - - -
<i>XL</i>	- - - - -

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