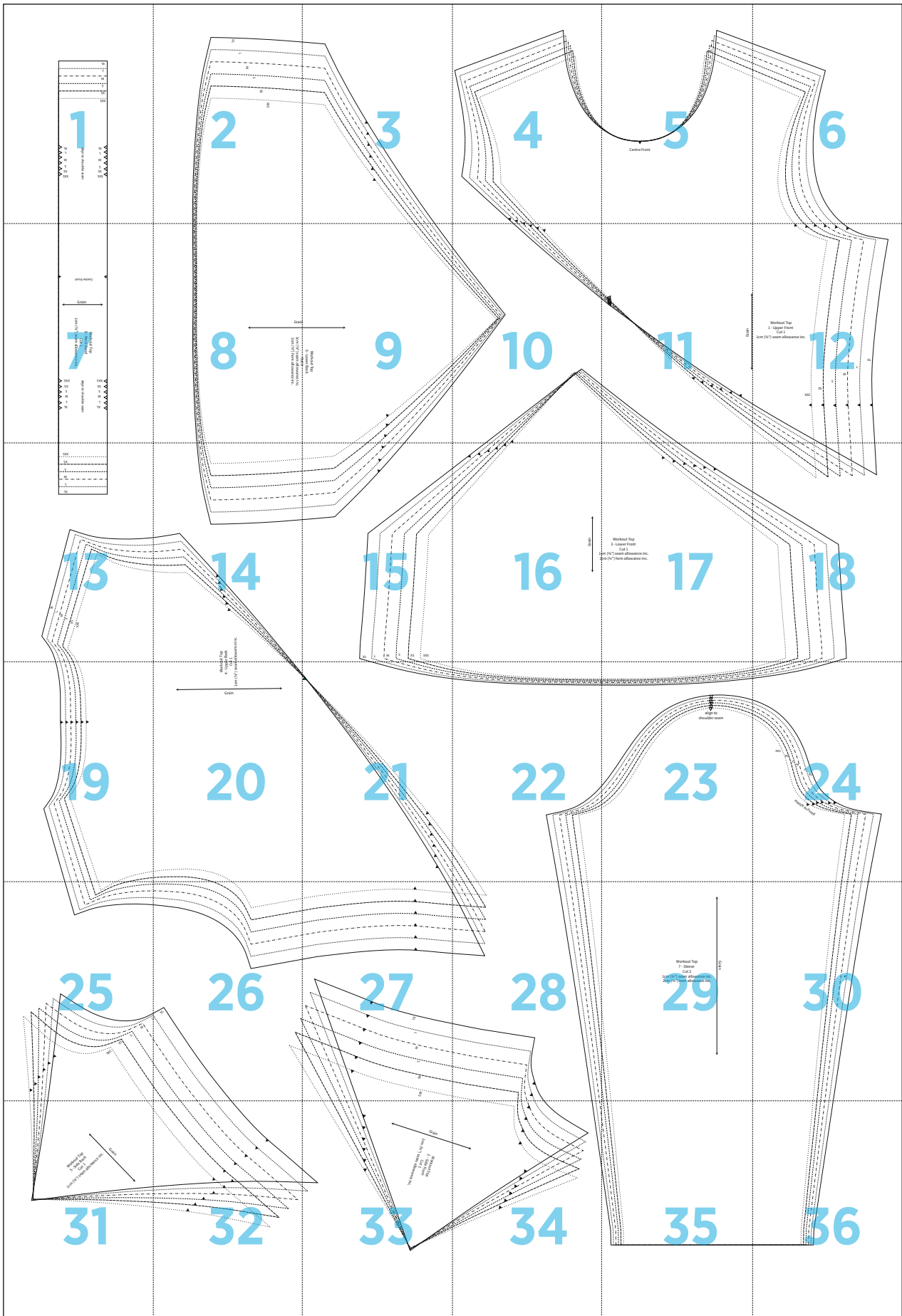
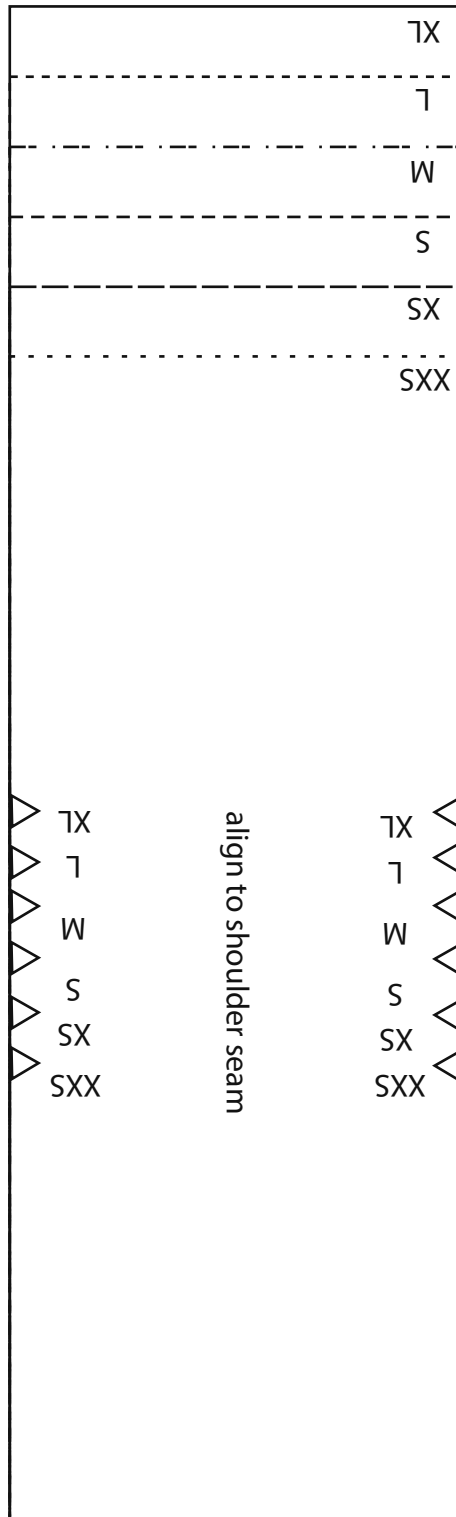


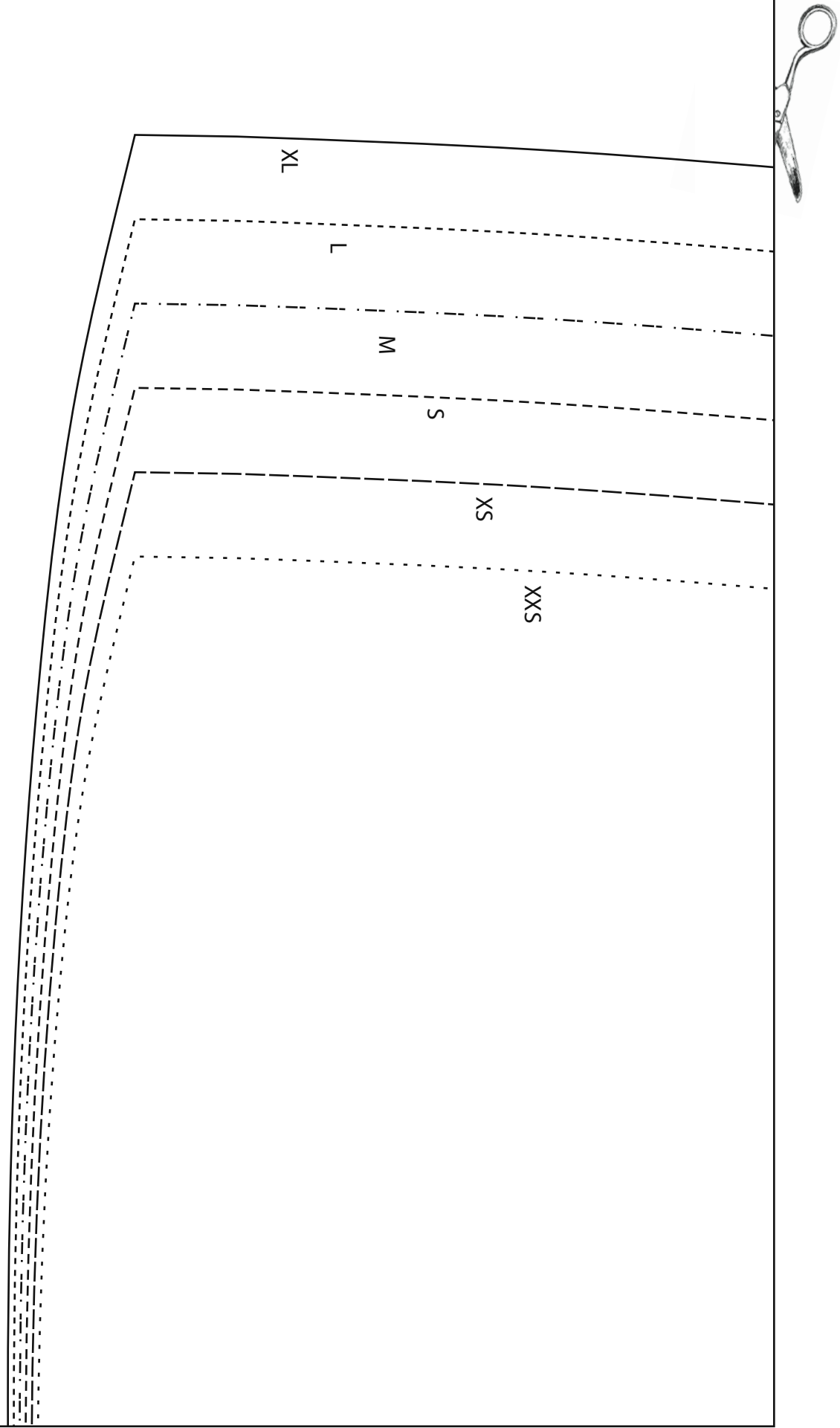
# Workout Tee



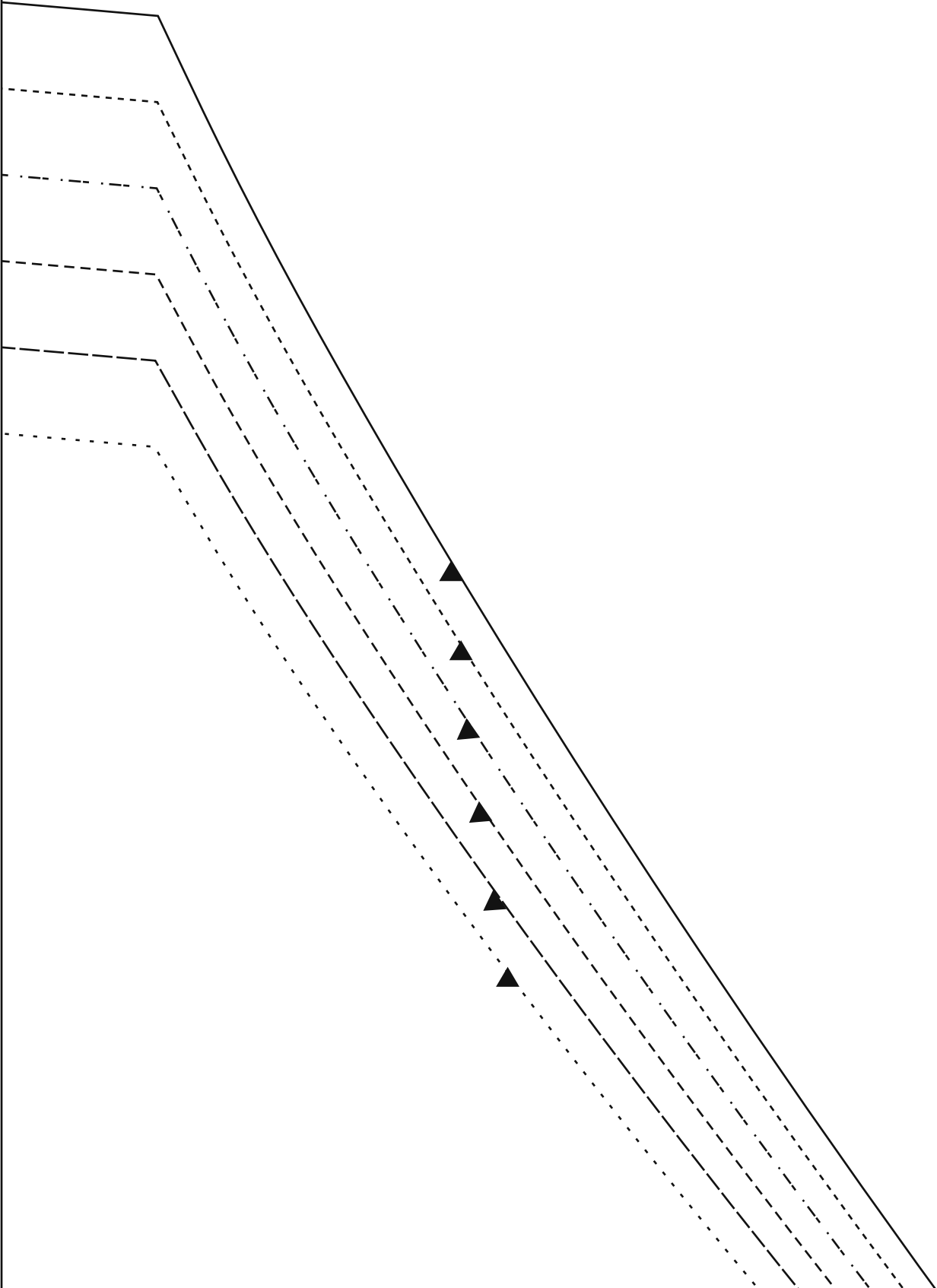
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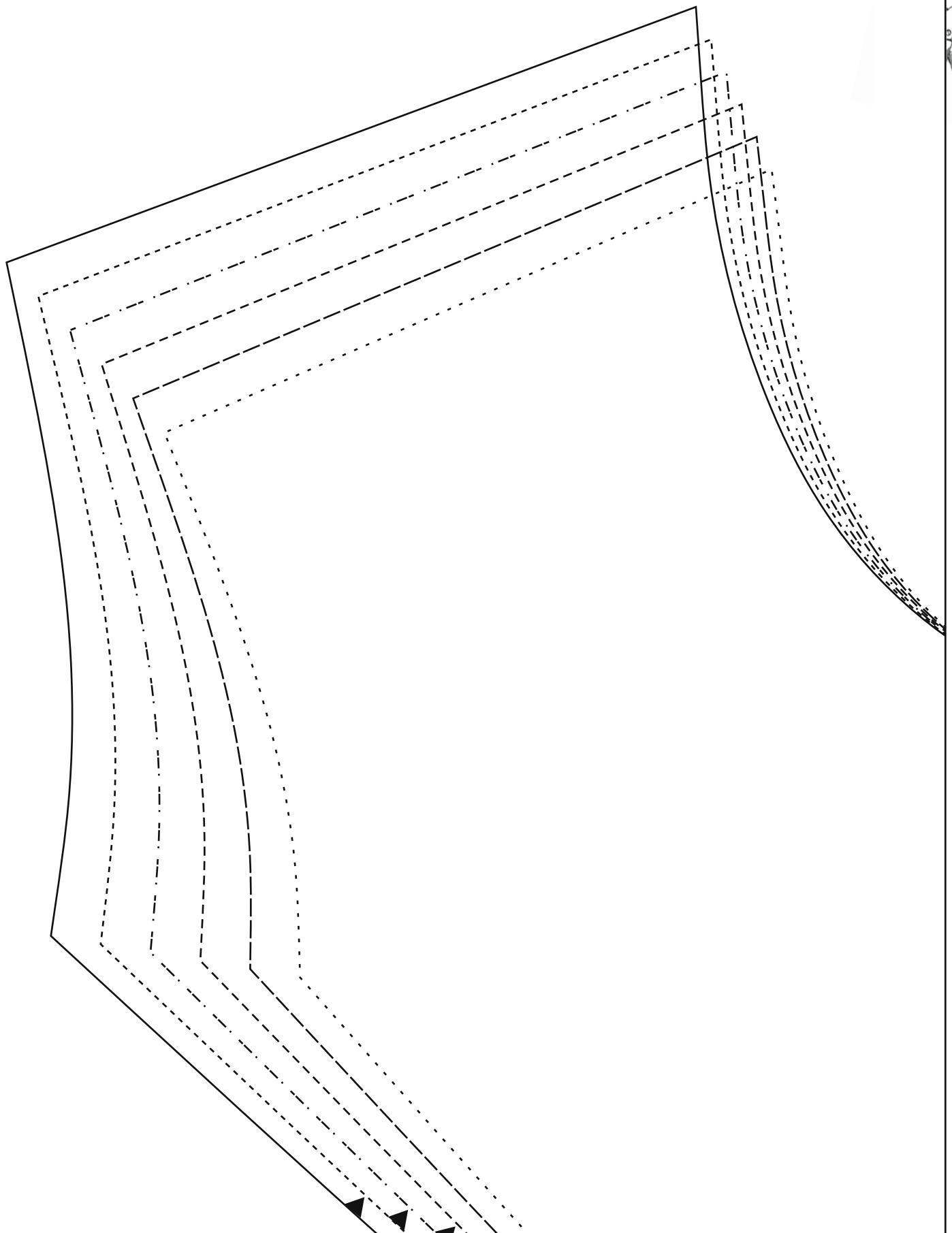
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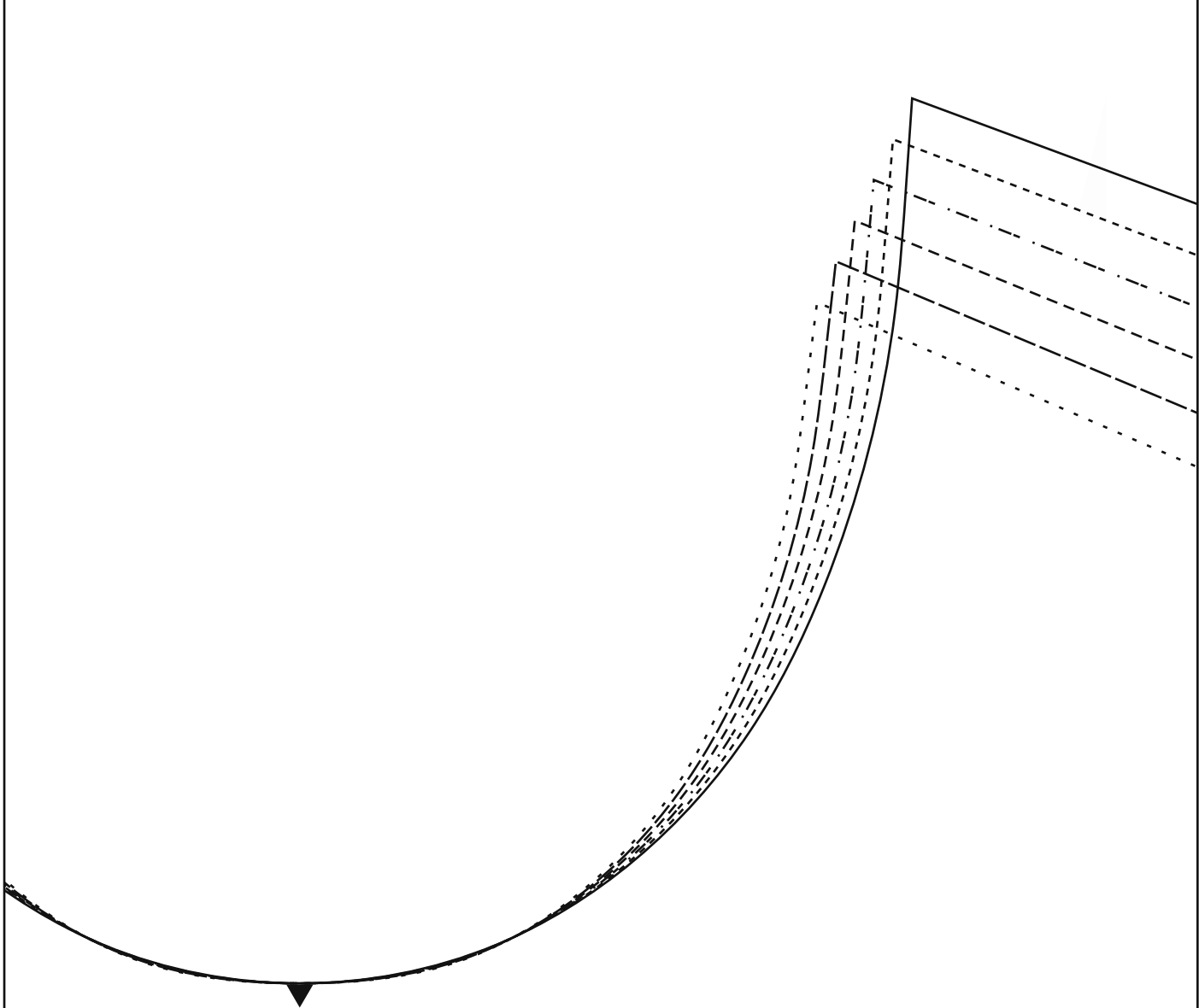
3



4

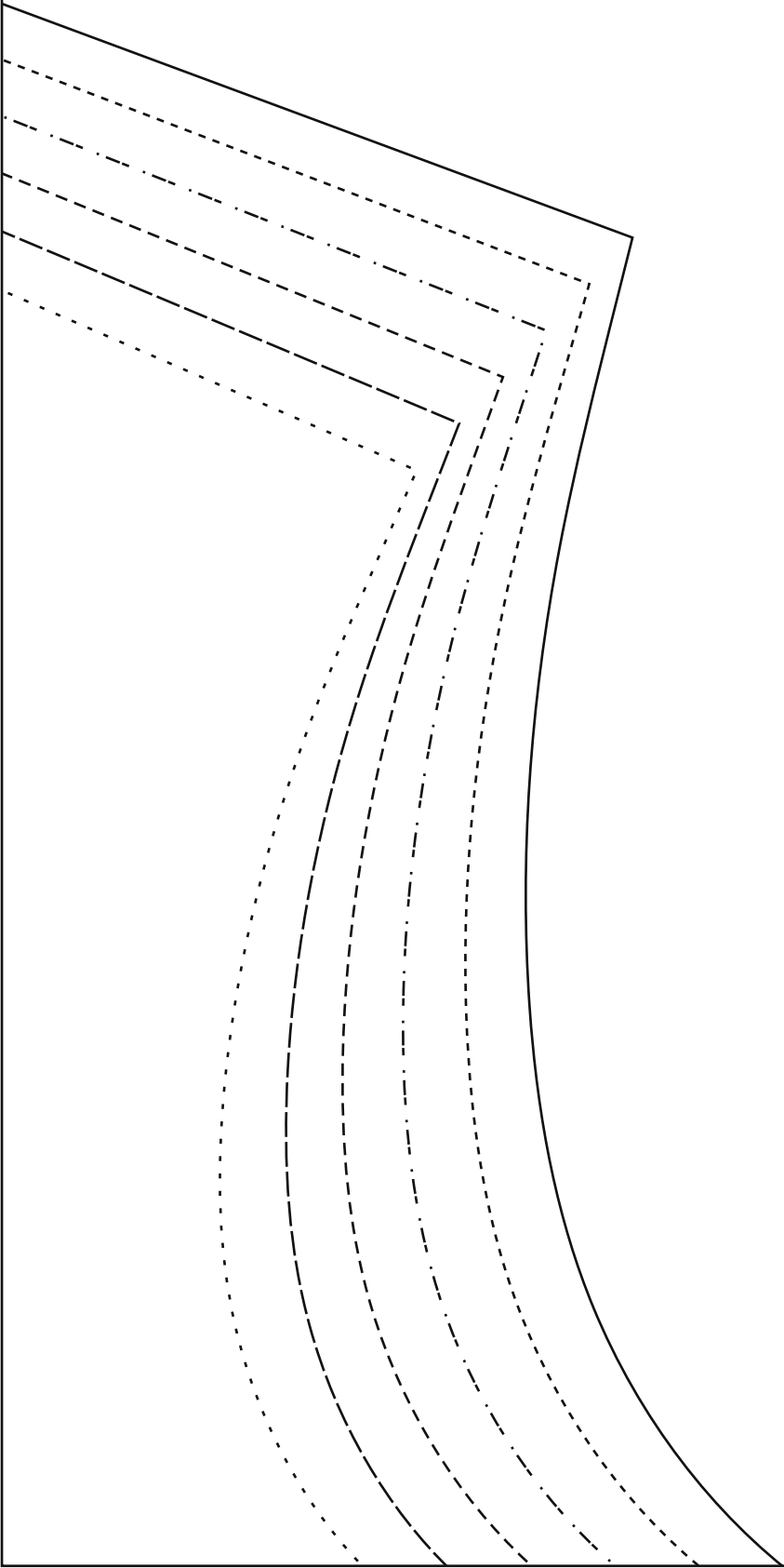


5



Centre Front

6



7



Centre Front

Grain

1cm ( $\frac{3}{8}$ " ) seam allowance inc.

Workout Top  
8 - Neck Band  
Cut 1

align to shoulder seam

SXX  
SX  
S  
W  
L  
LX

SXX  
SX  
S  
W  
L  
LX





Grain

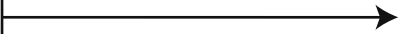


CUT

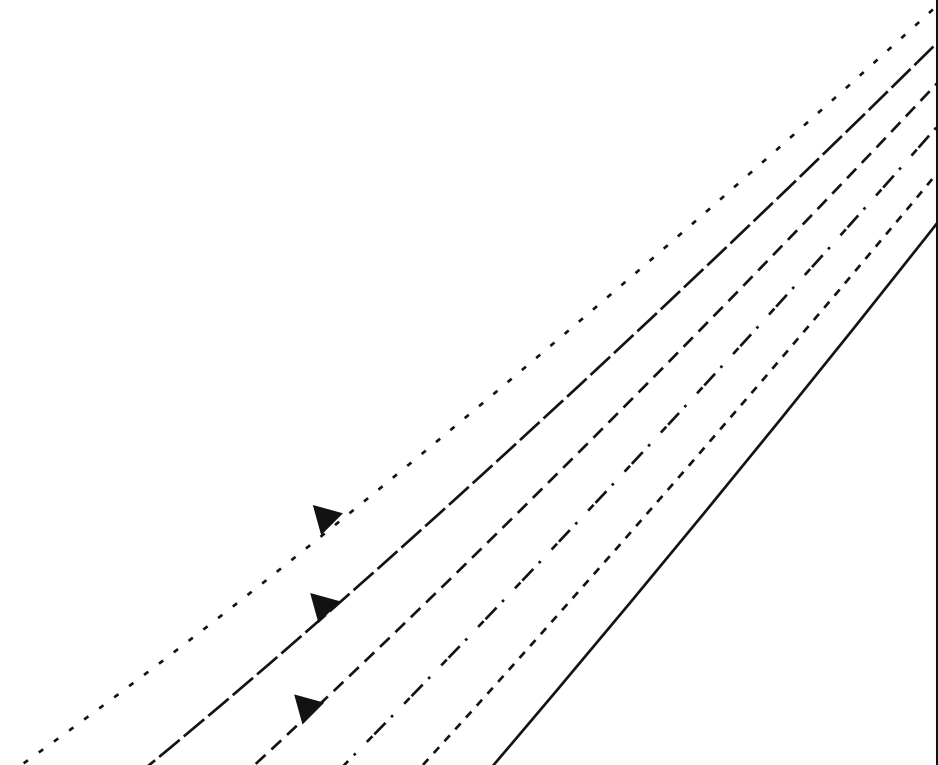
1cm ( $\frac{3}{8}$ " ) seam allowance inc.  
2cm ( $\frac{3}{4}$ " ) hem allowance inc.



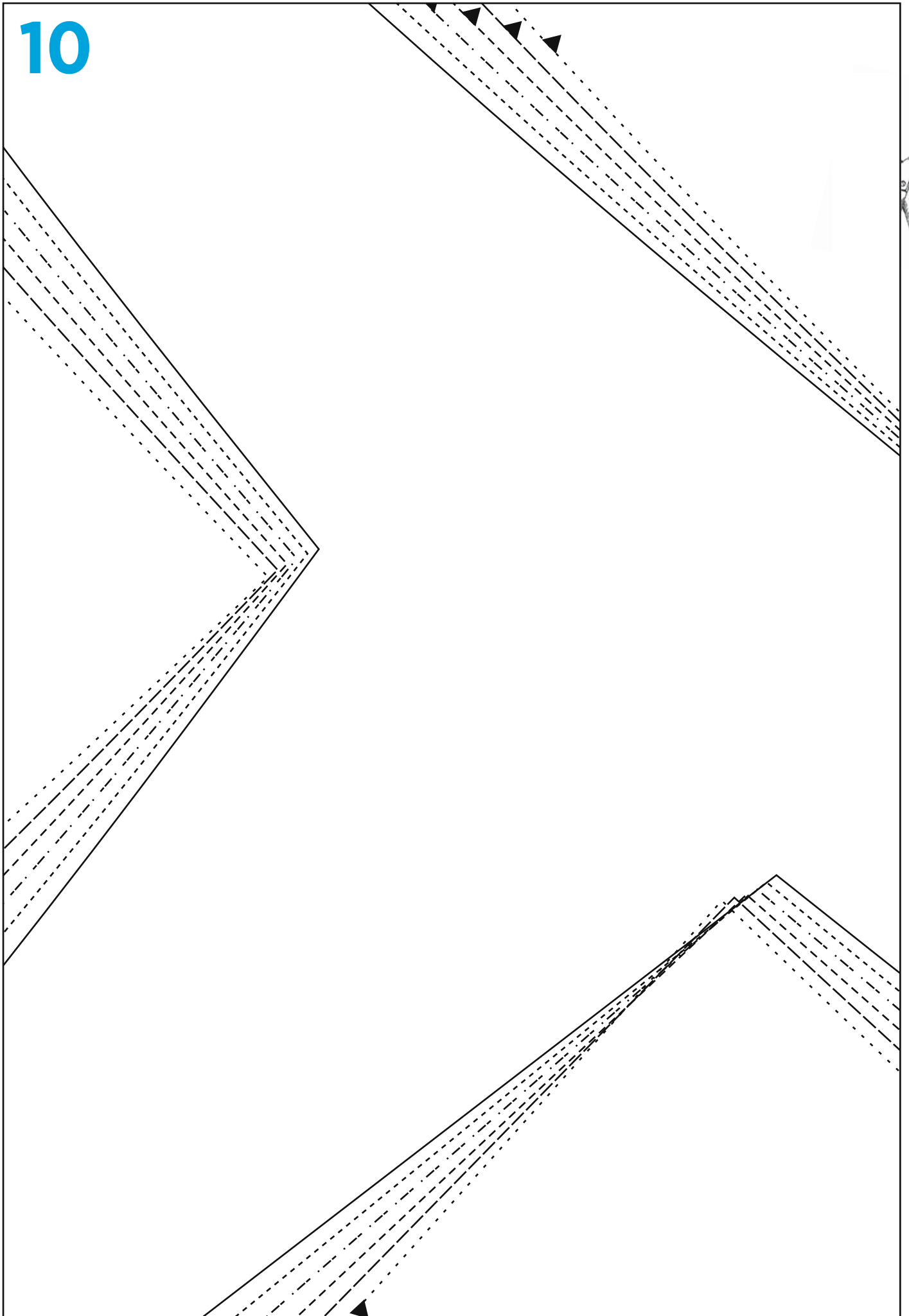
9

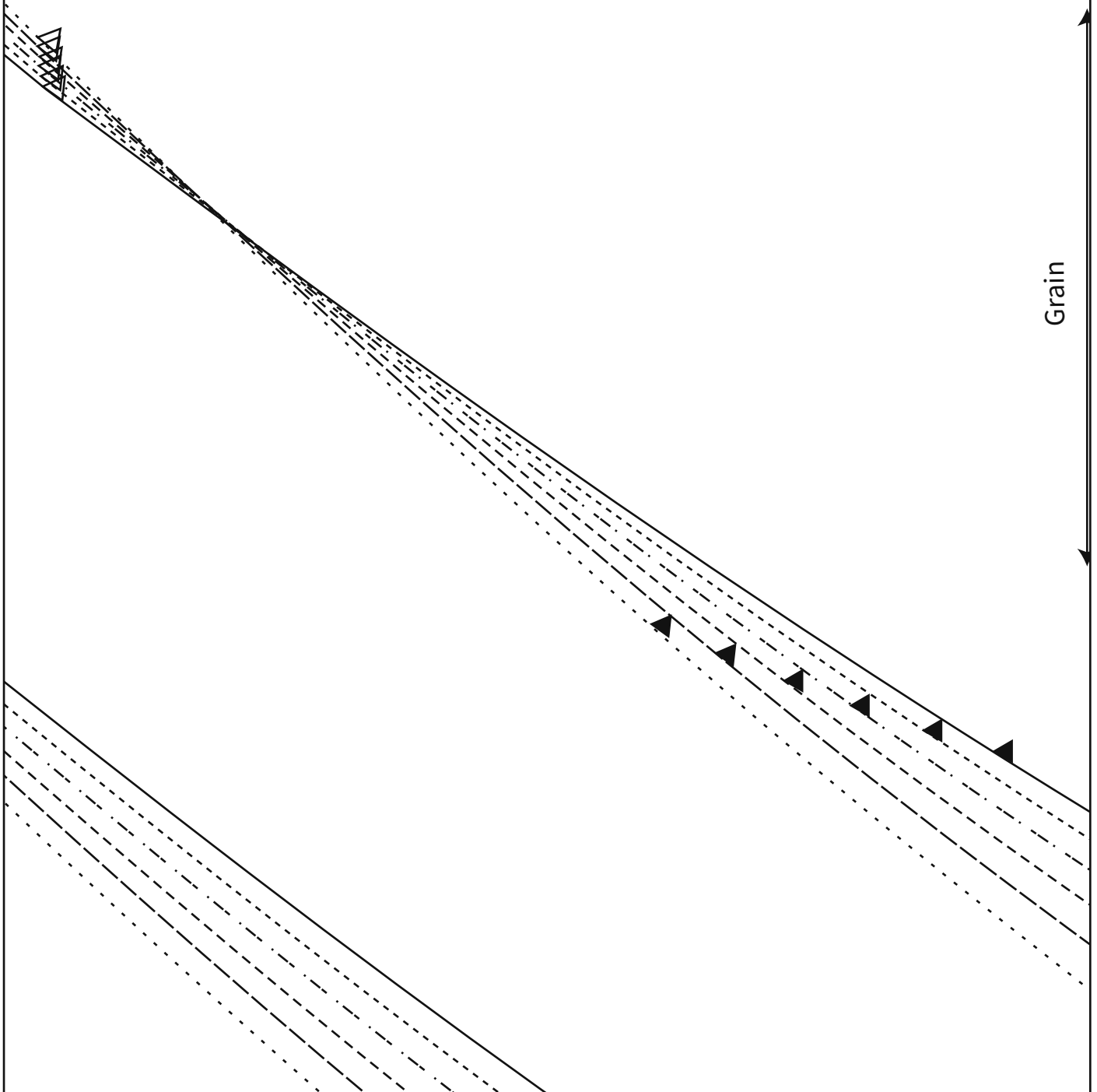


Workout Top  
6 - Lower Back



10





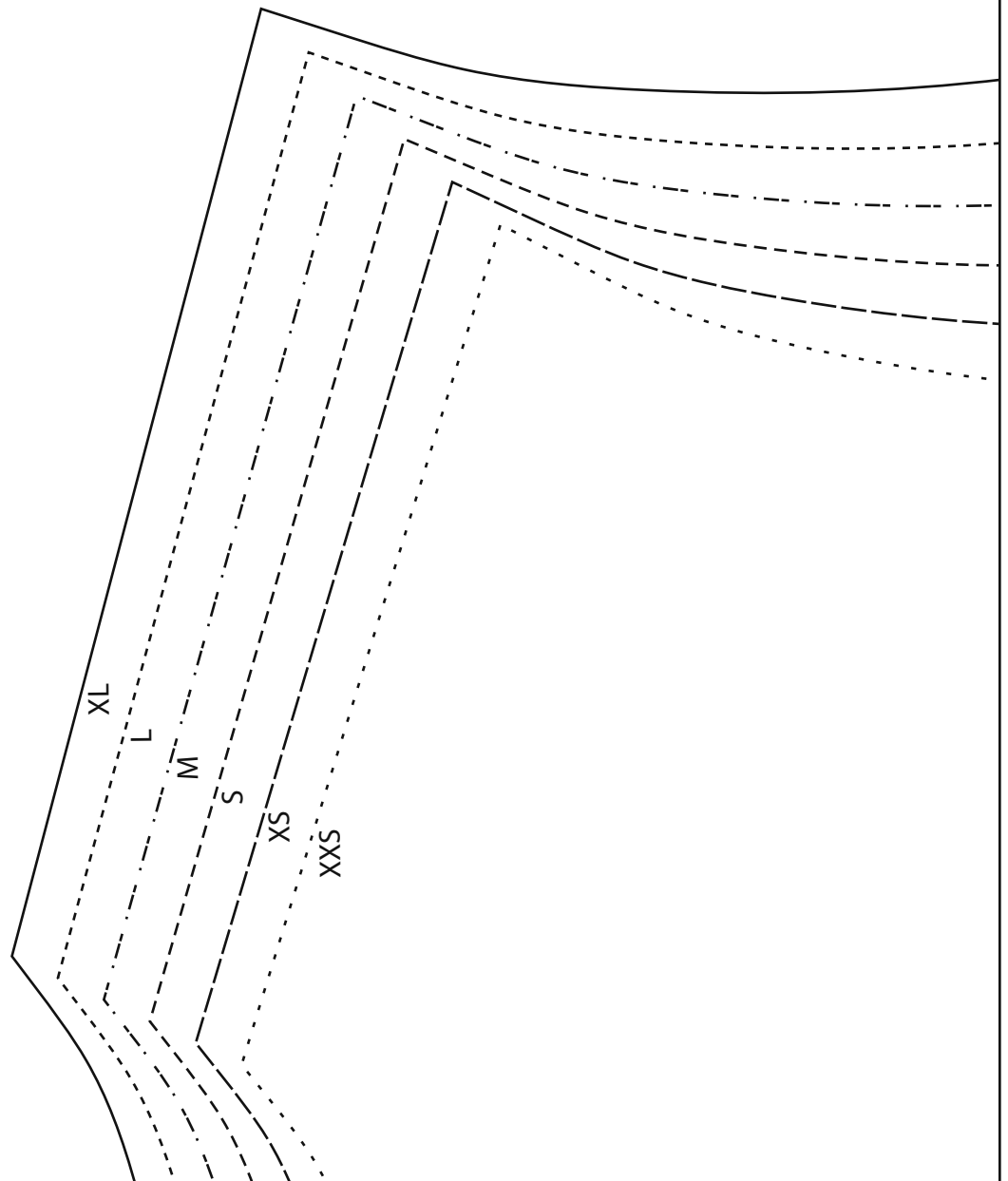
12



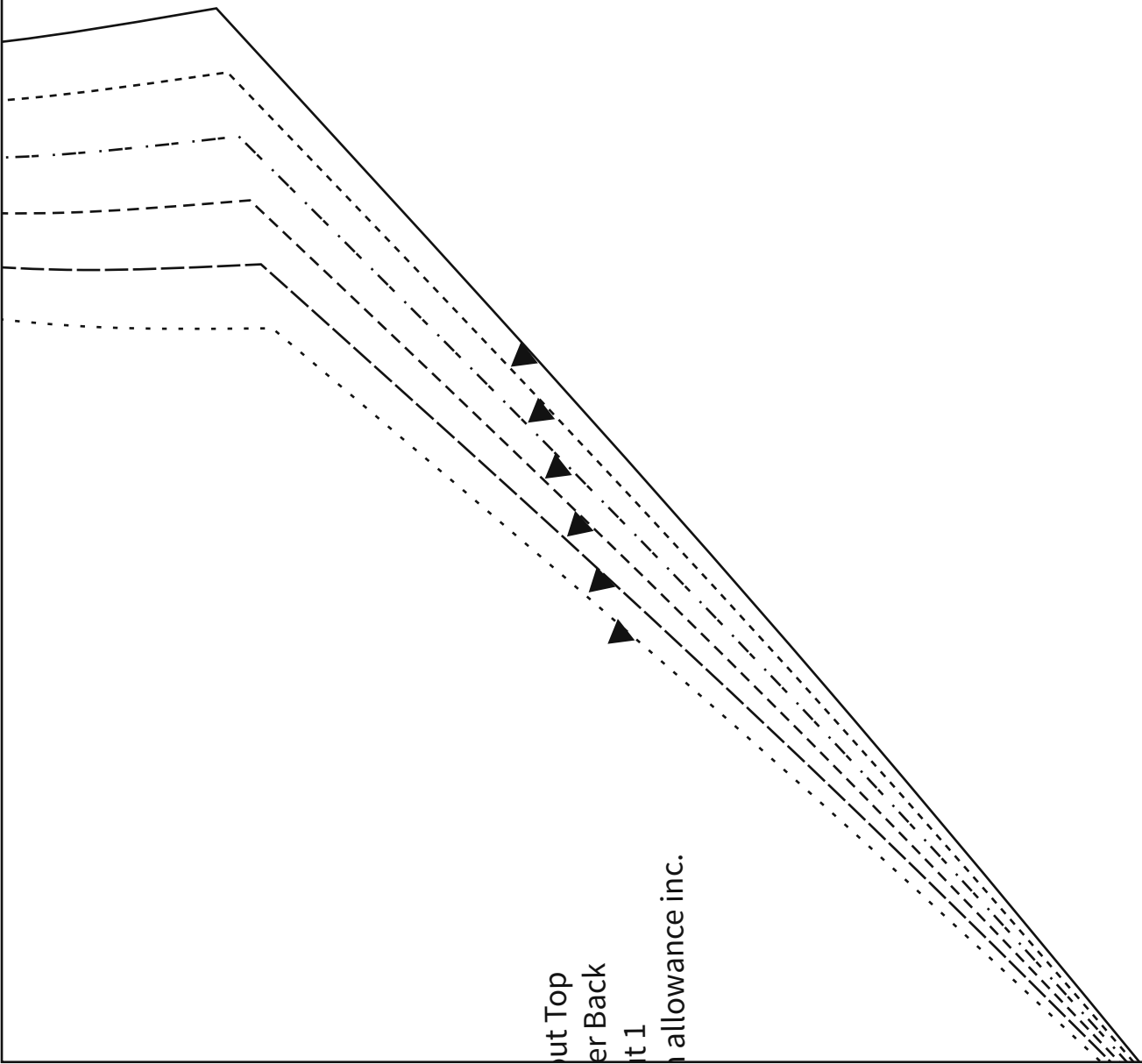
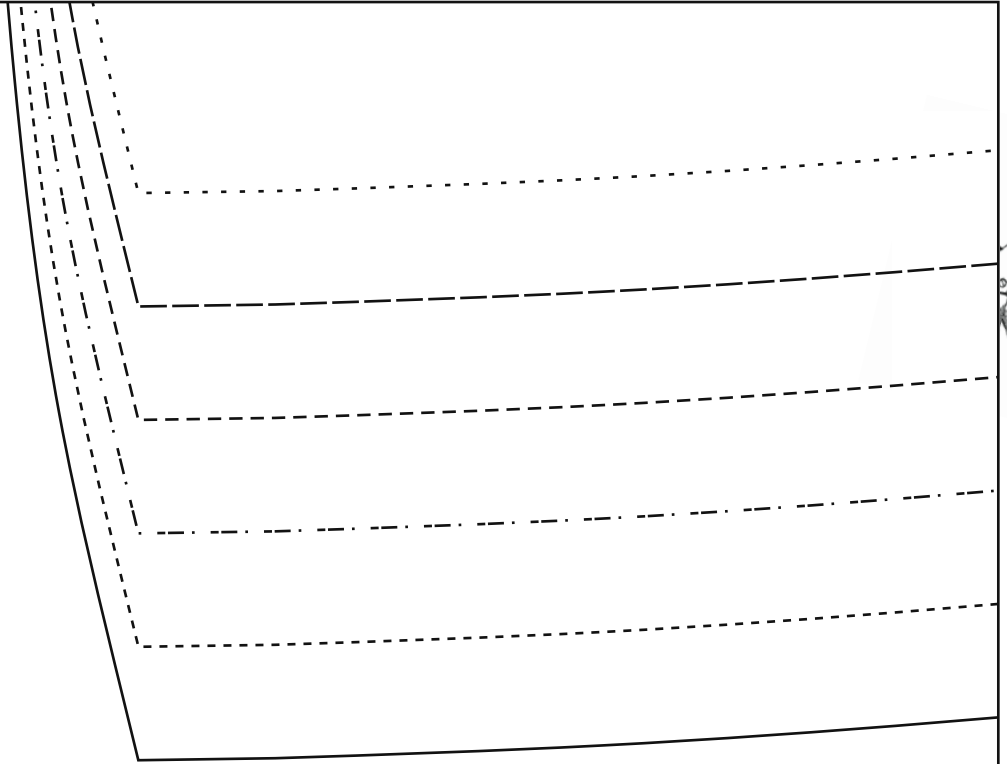
Workout Top  
1 - Upper Front  
Cut 1  
1cm (3/8") seam allowance inc.

XXS  
XS  
S  
M  
L  
XL

SXX
SX
S
W
T
TX

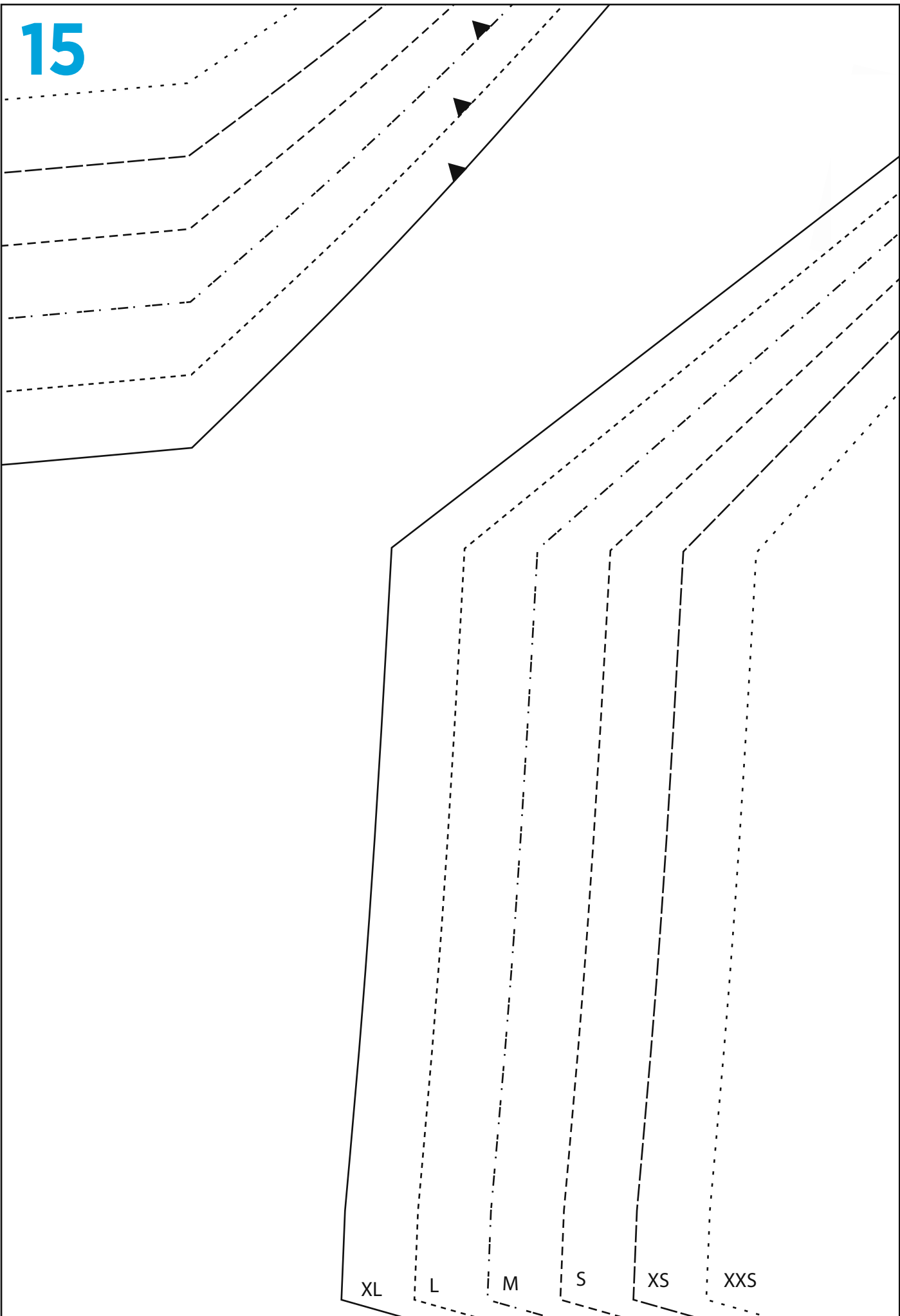


14



ut Top  
er Back  
it 1  
allowance inc.

15



XL

L

M

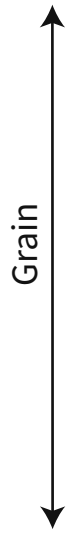
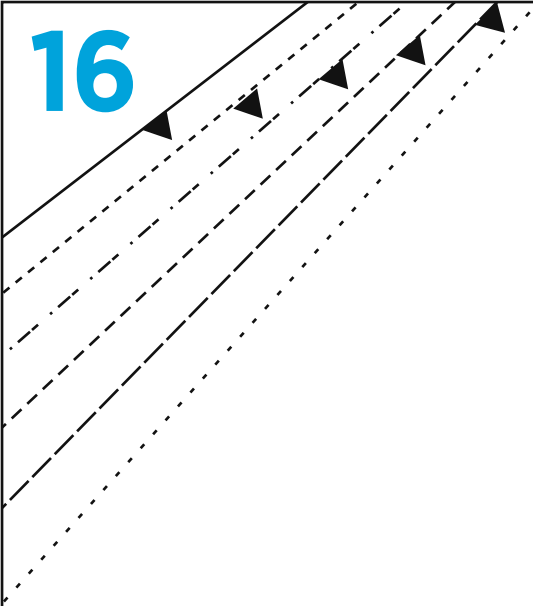
S

XS

XXS

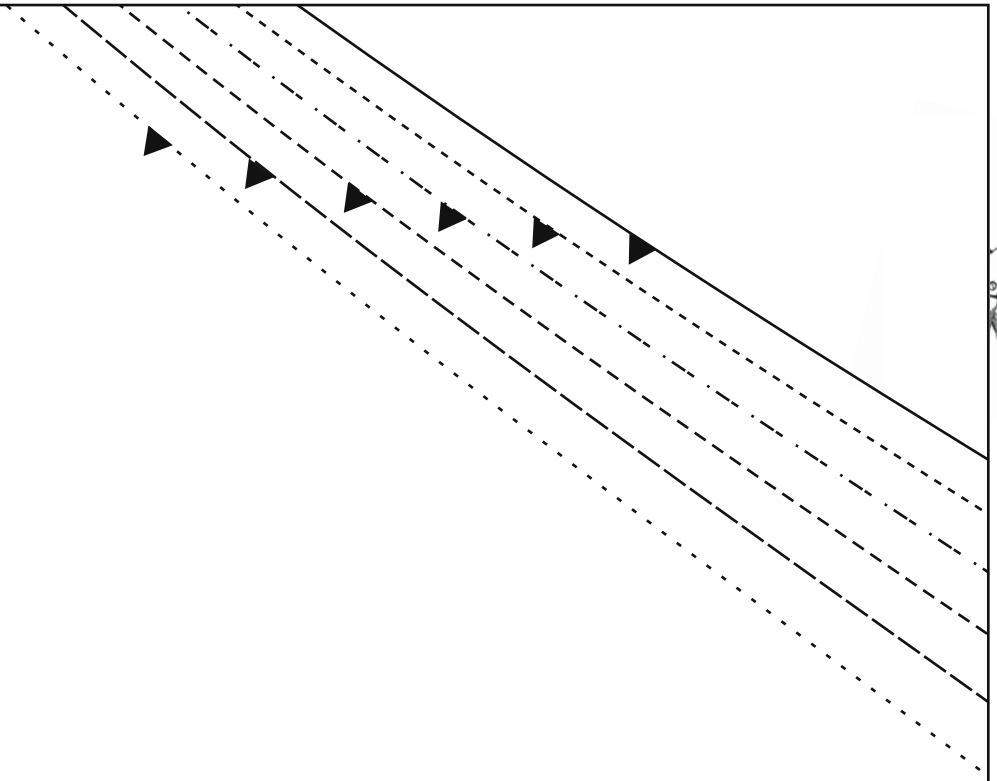


16



10  
2

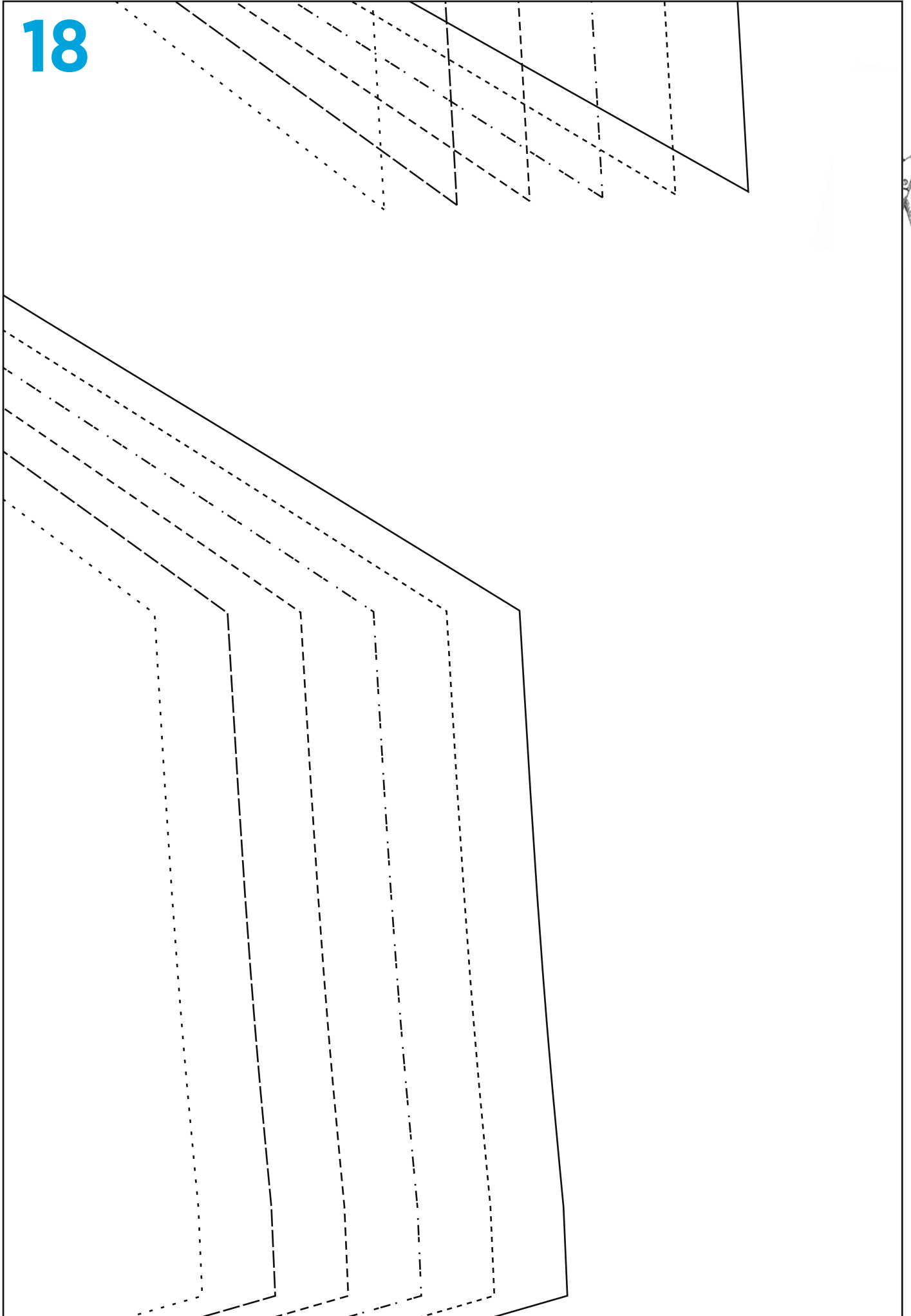
17

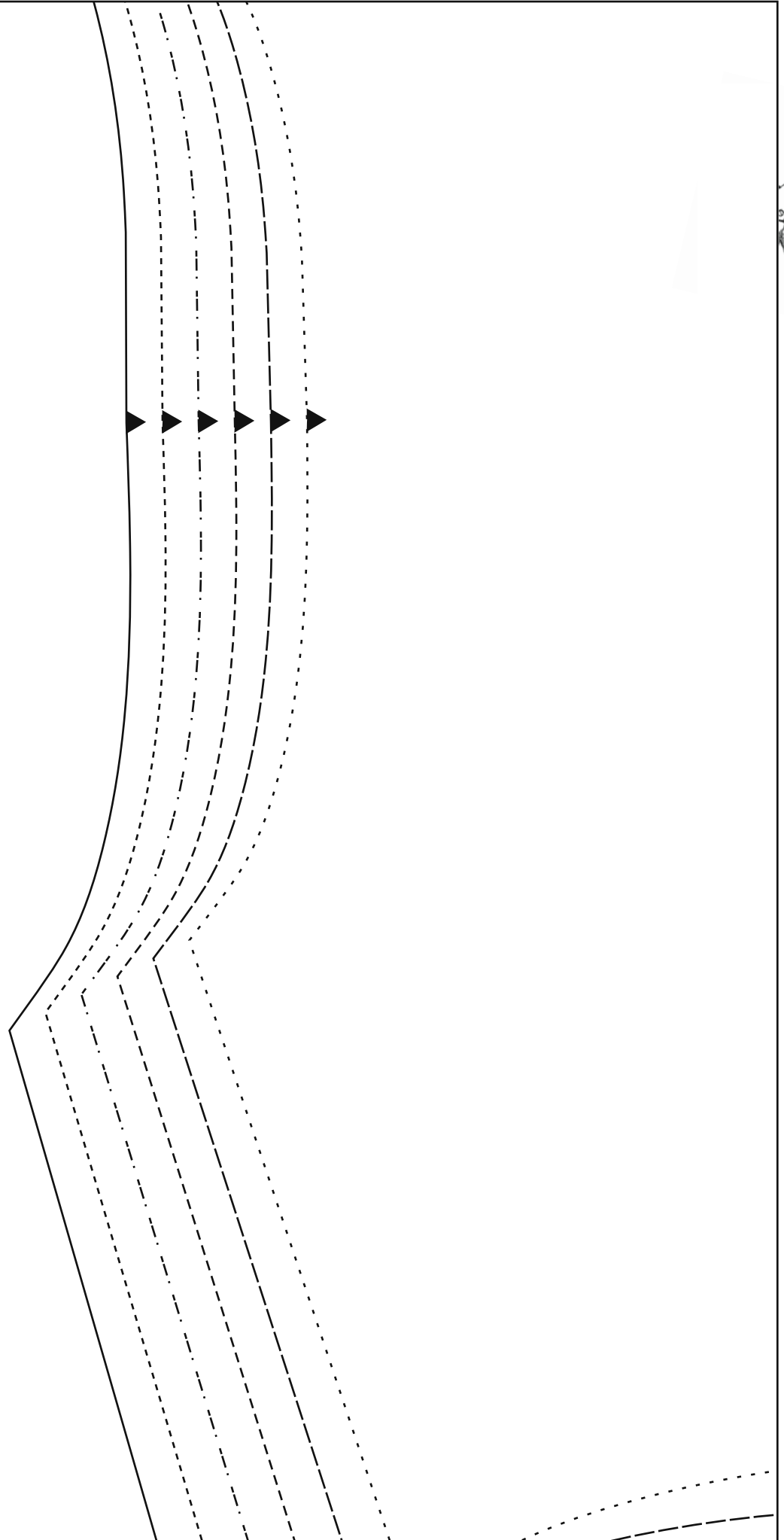


Workout Top  
3 - Lower Front  
Cut 1

1.5 cm ( $\frac{3}{8}$ " ) seam allowance inc.  
1.5 cm ( $\frac{3}{4}$ " ) hem allowance inc.

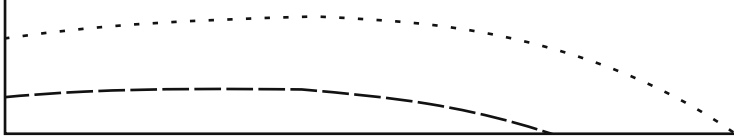
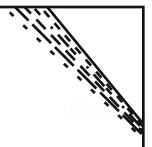
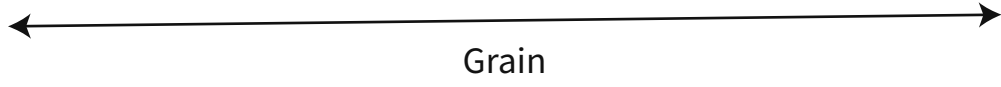
18



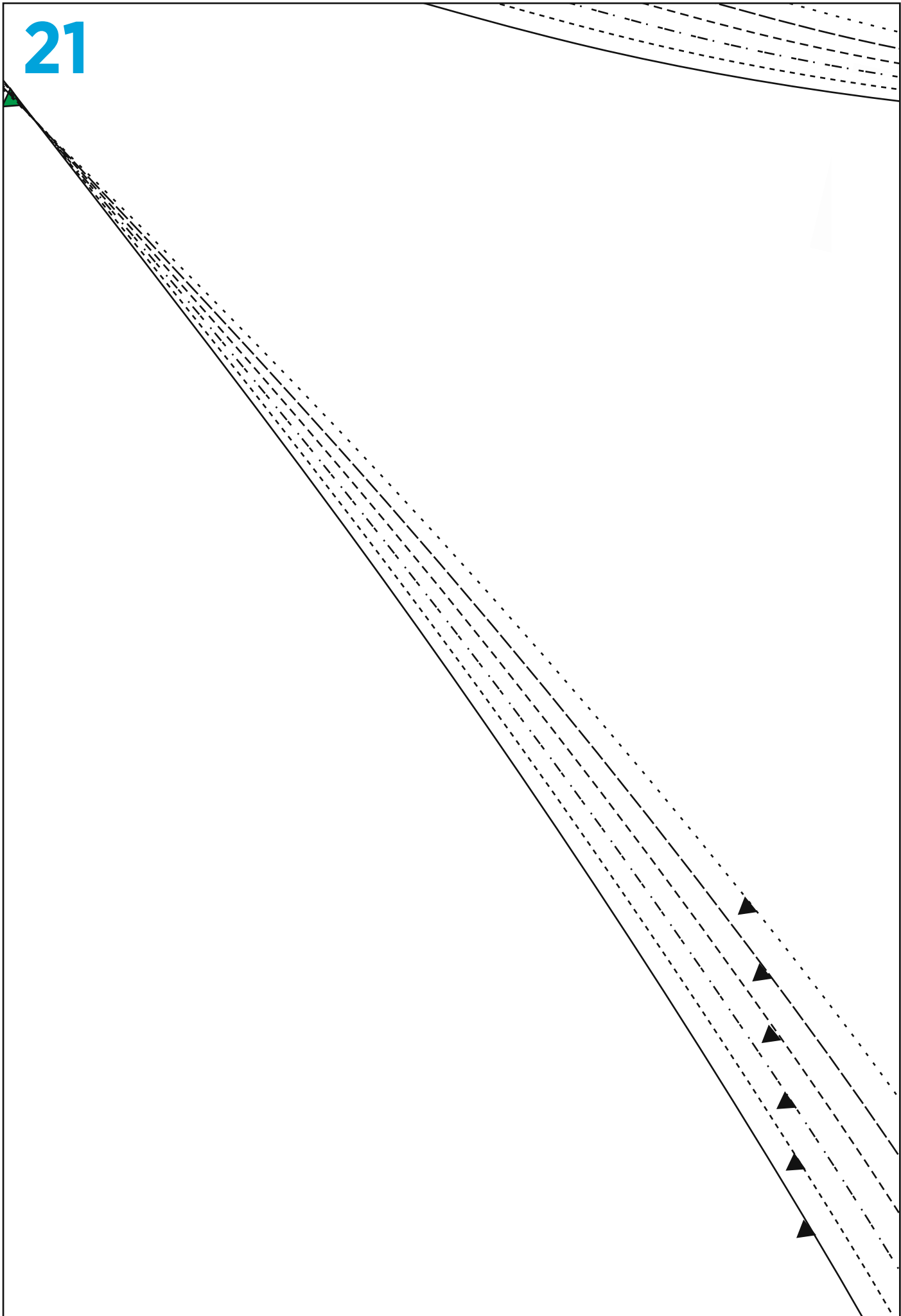


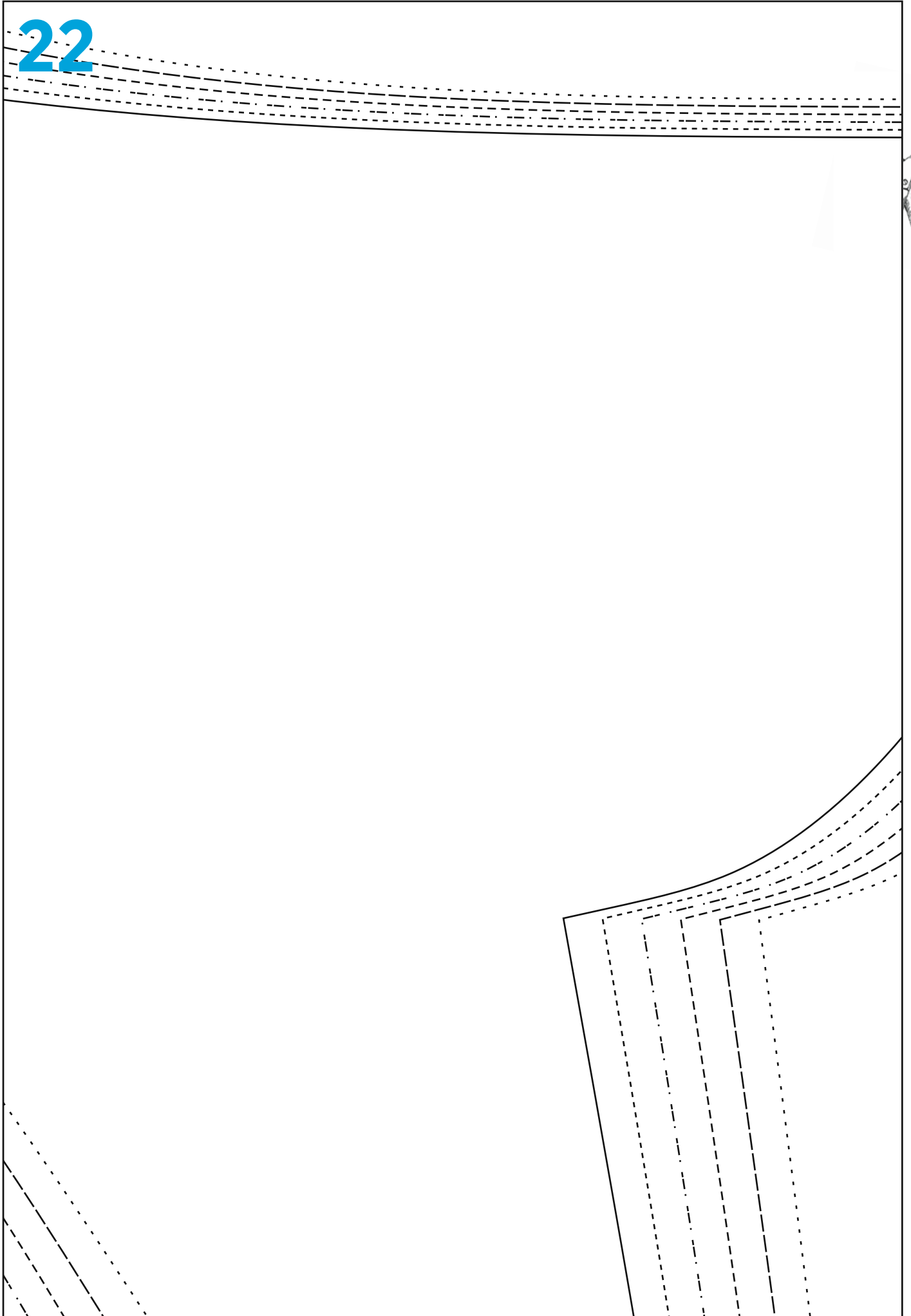
20

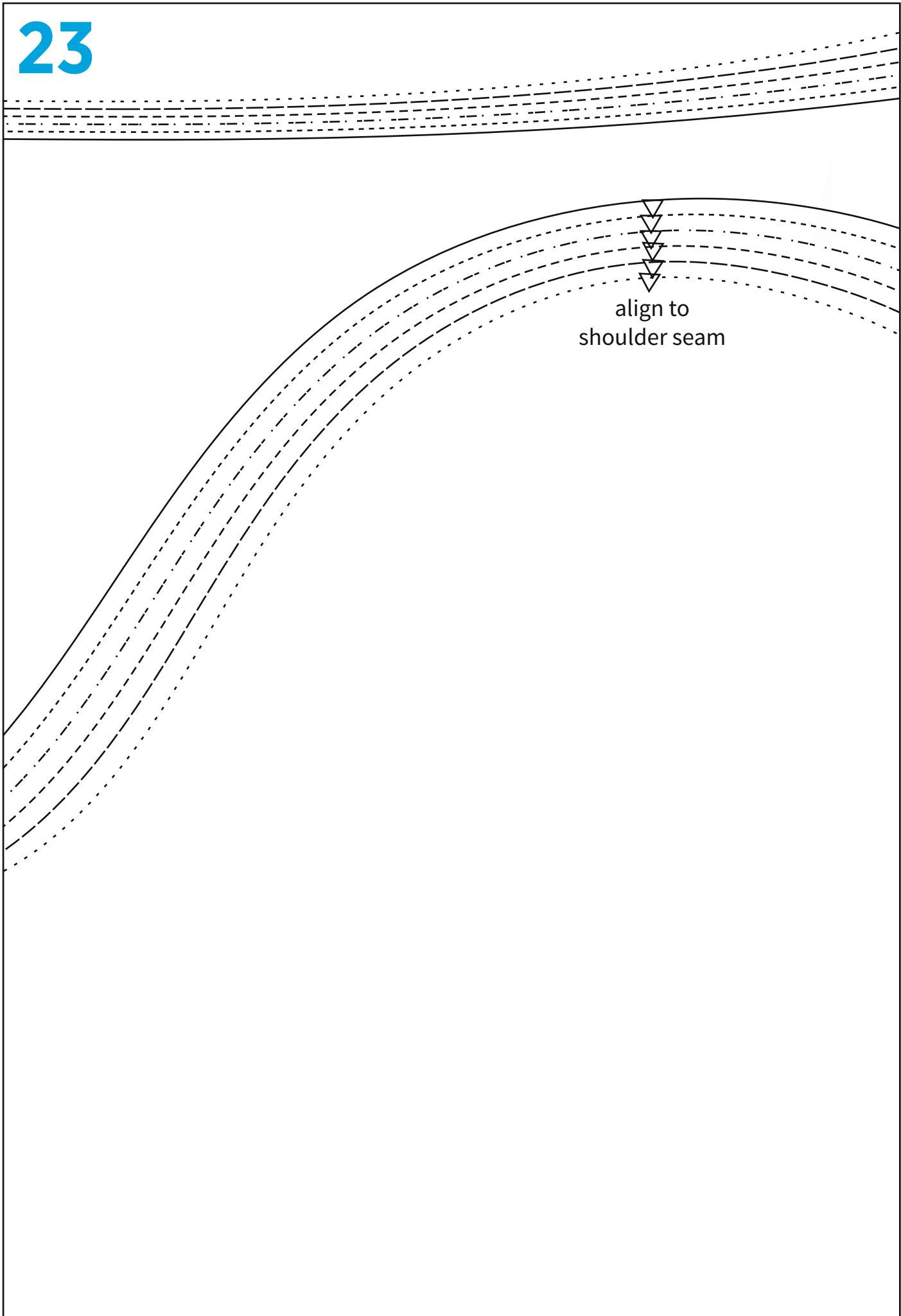
Workd  
4 - Upp  
Cu  
1cm (3/8") seam



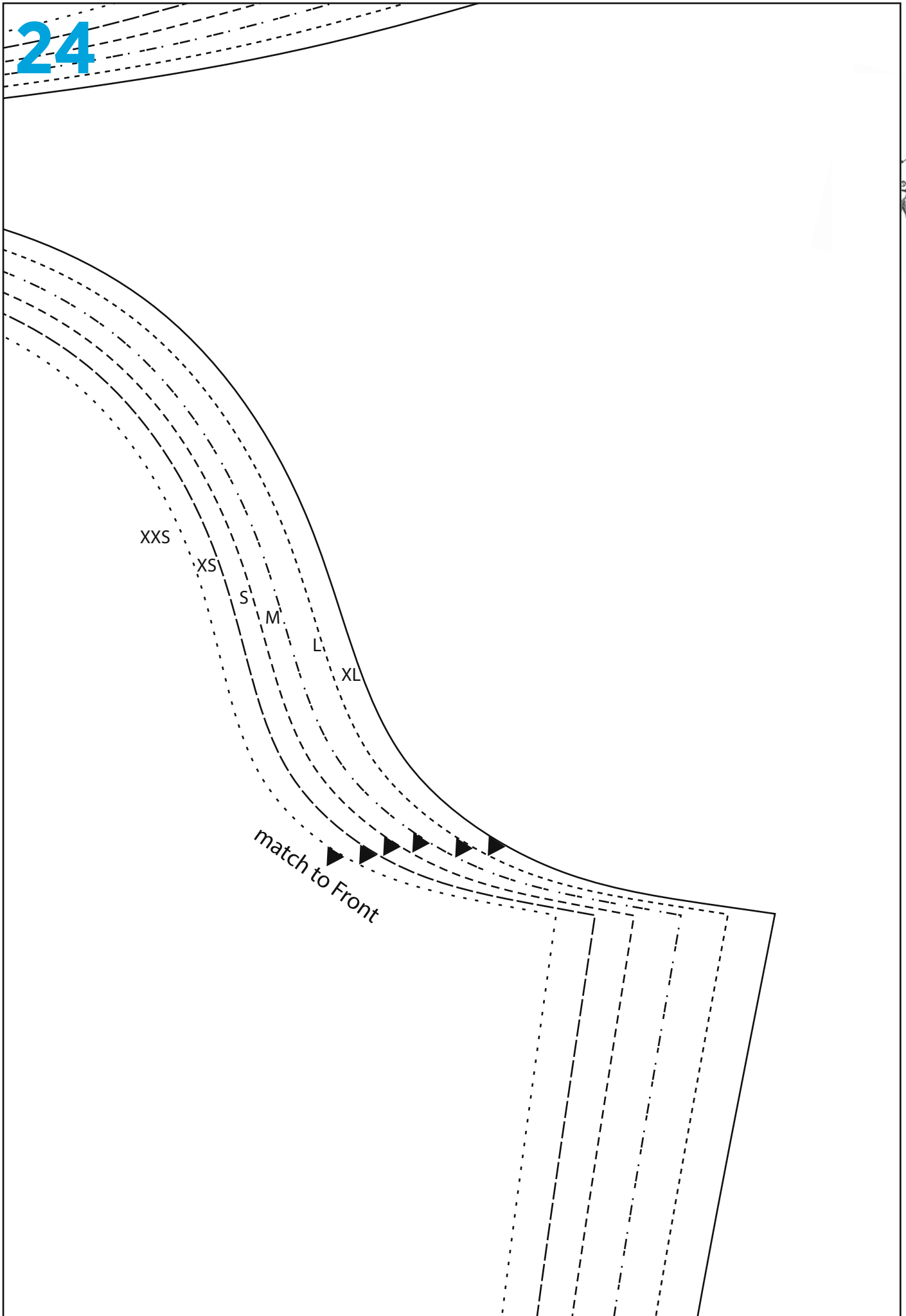
21

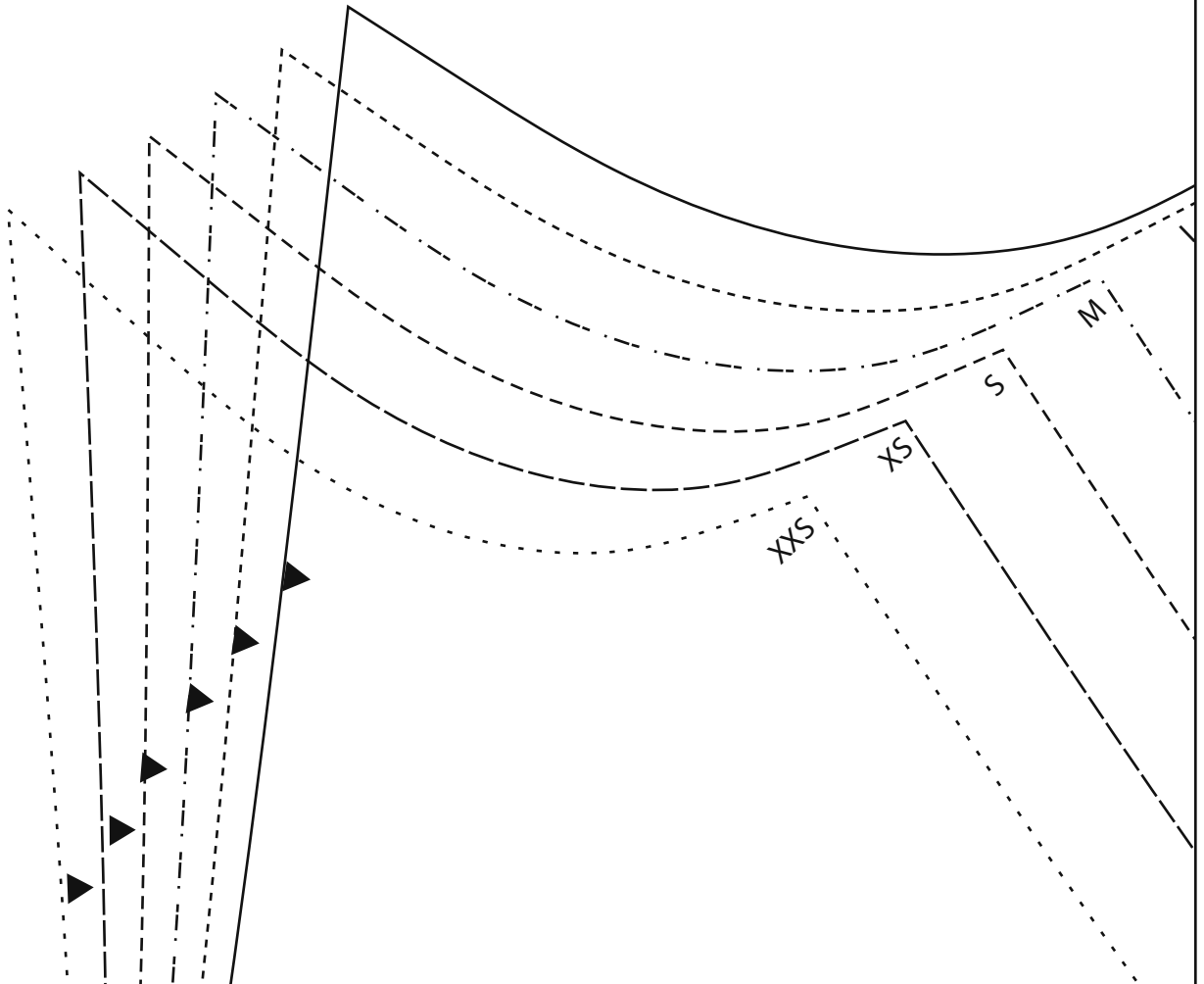
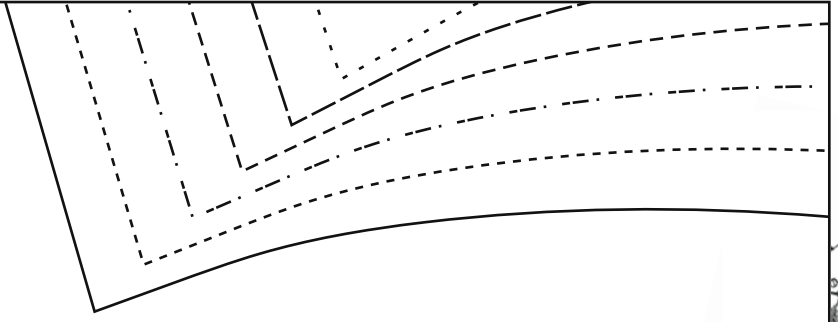




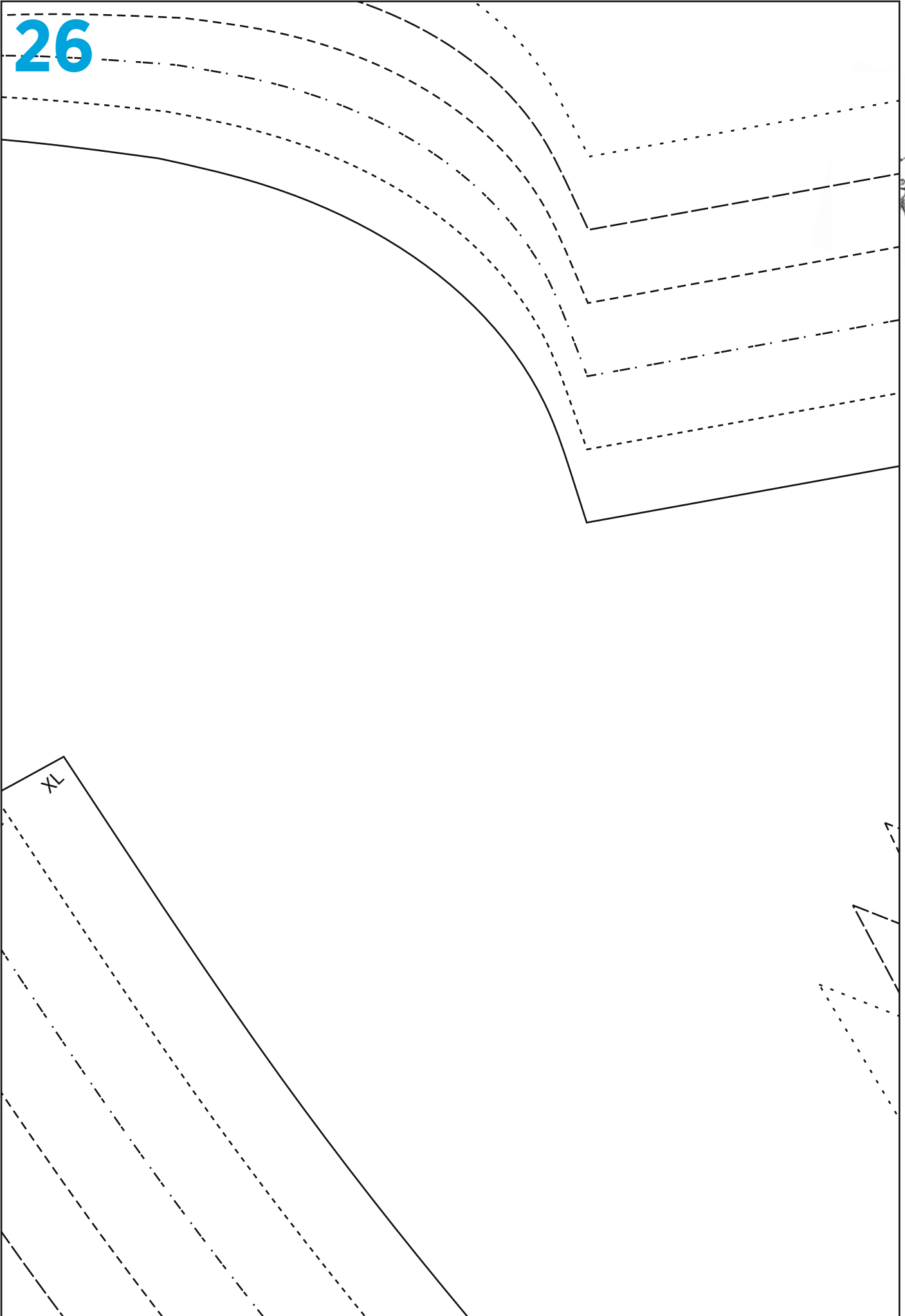


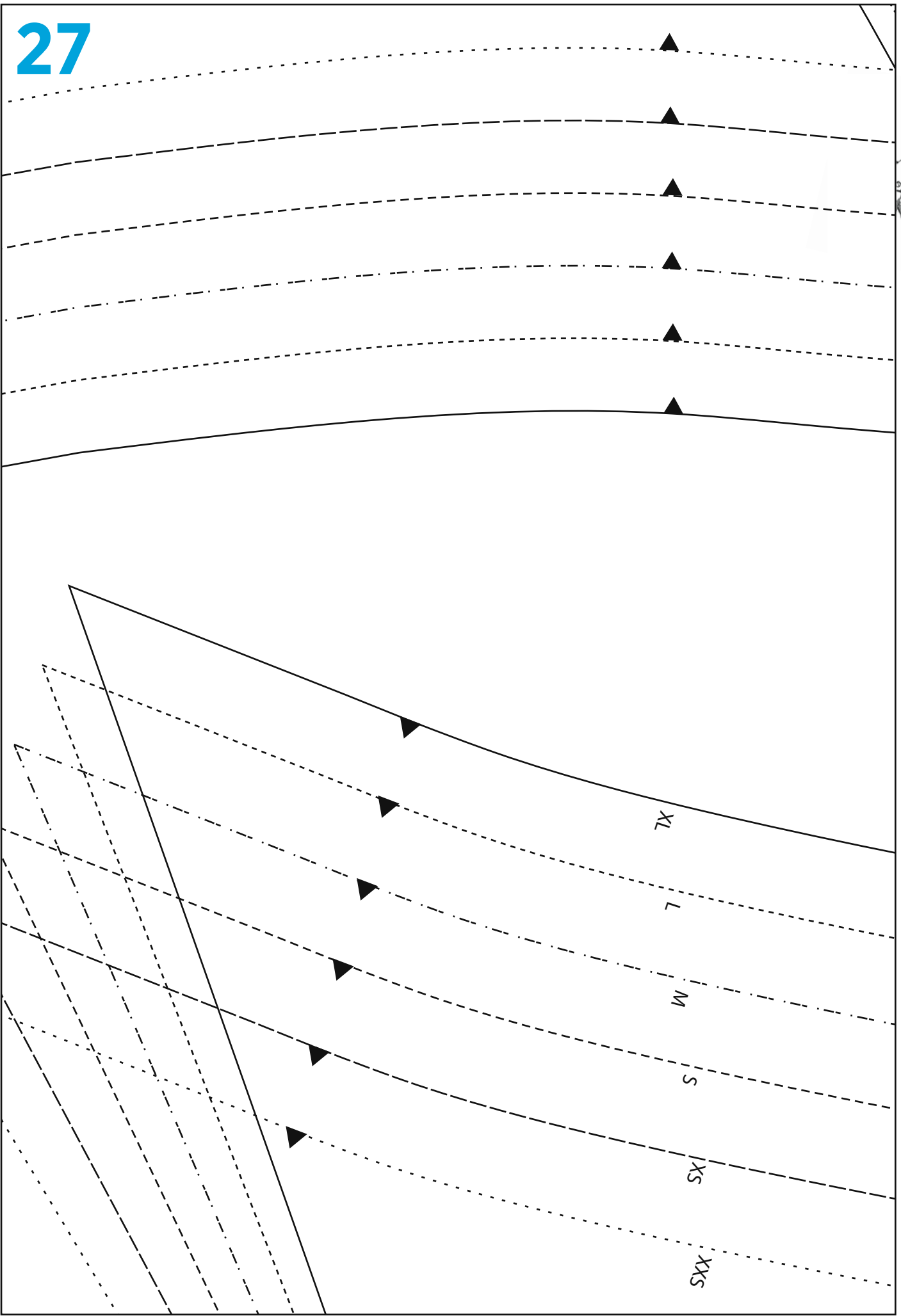


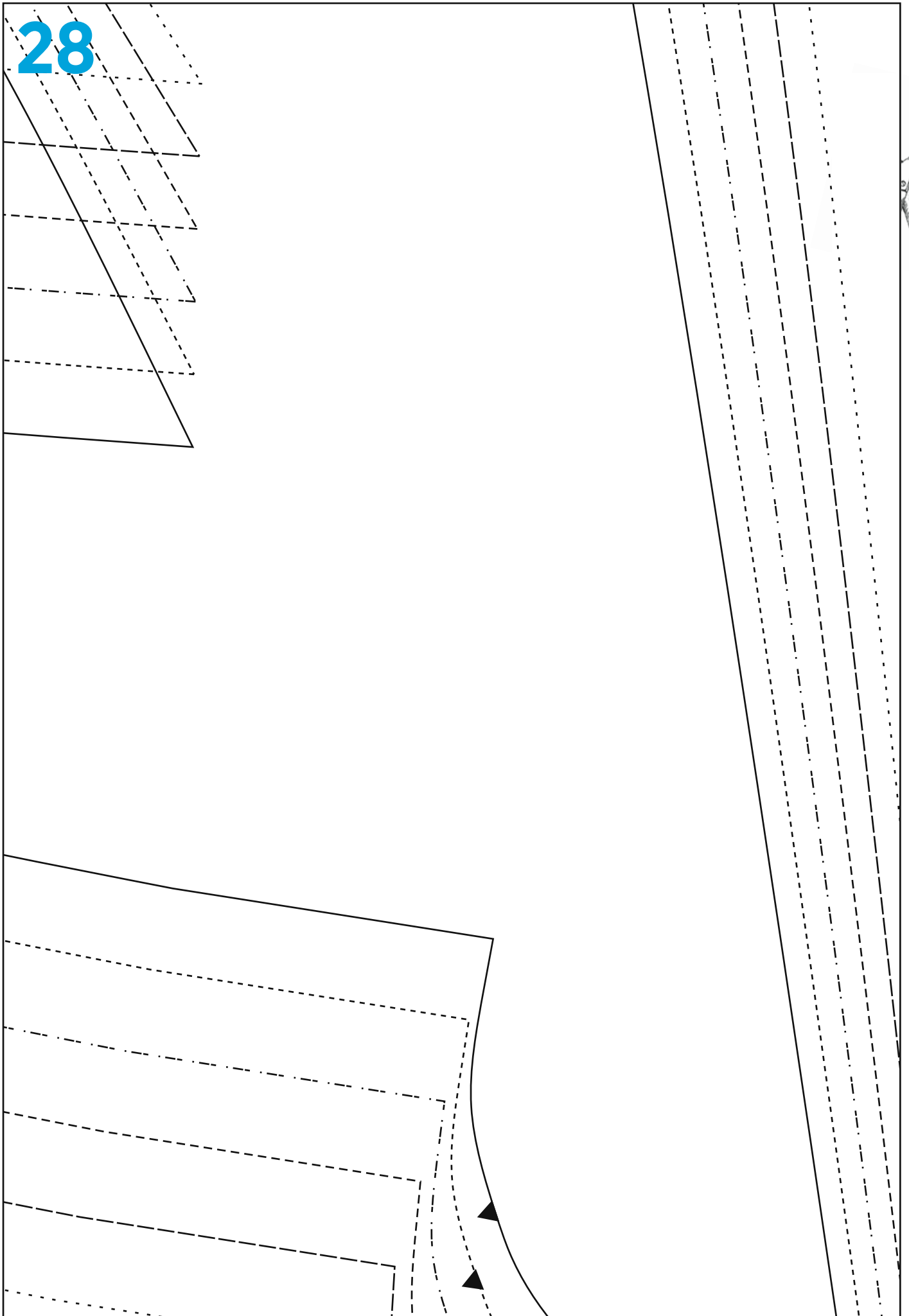




26



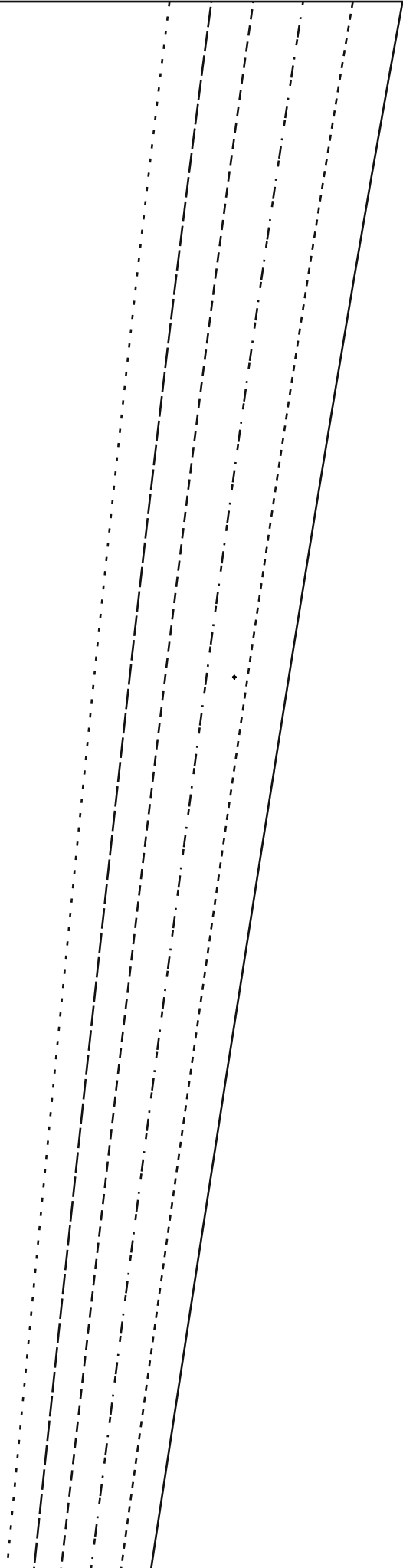


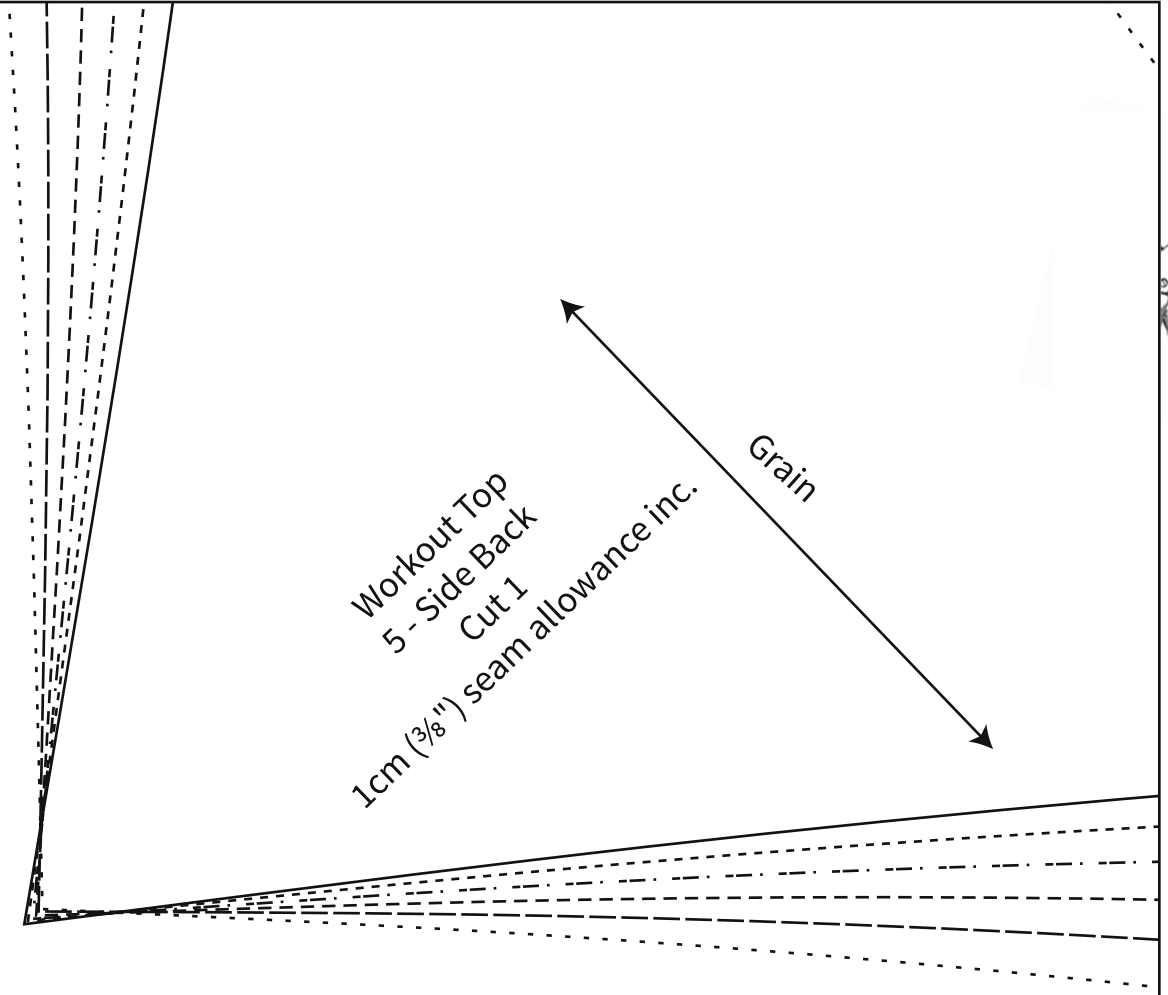


Workout Top  
7 - Sleeve  
Cut 2  
1cm ( $\frac{3}{8}$ " ) seam allowance inc.  
2cm ( $\frac{3}{4}$ " ) hem allowance inc.

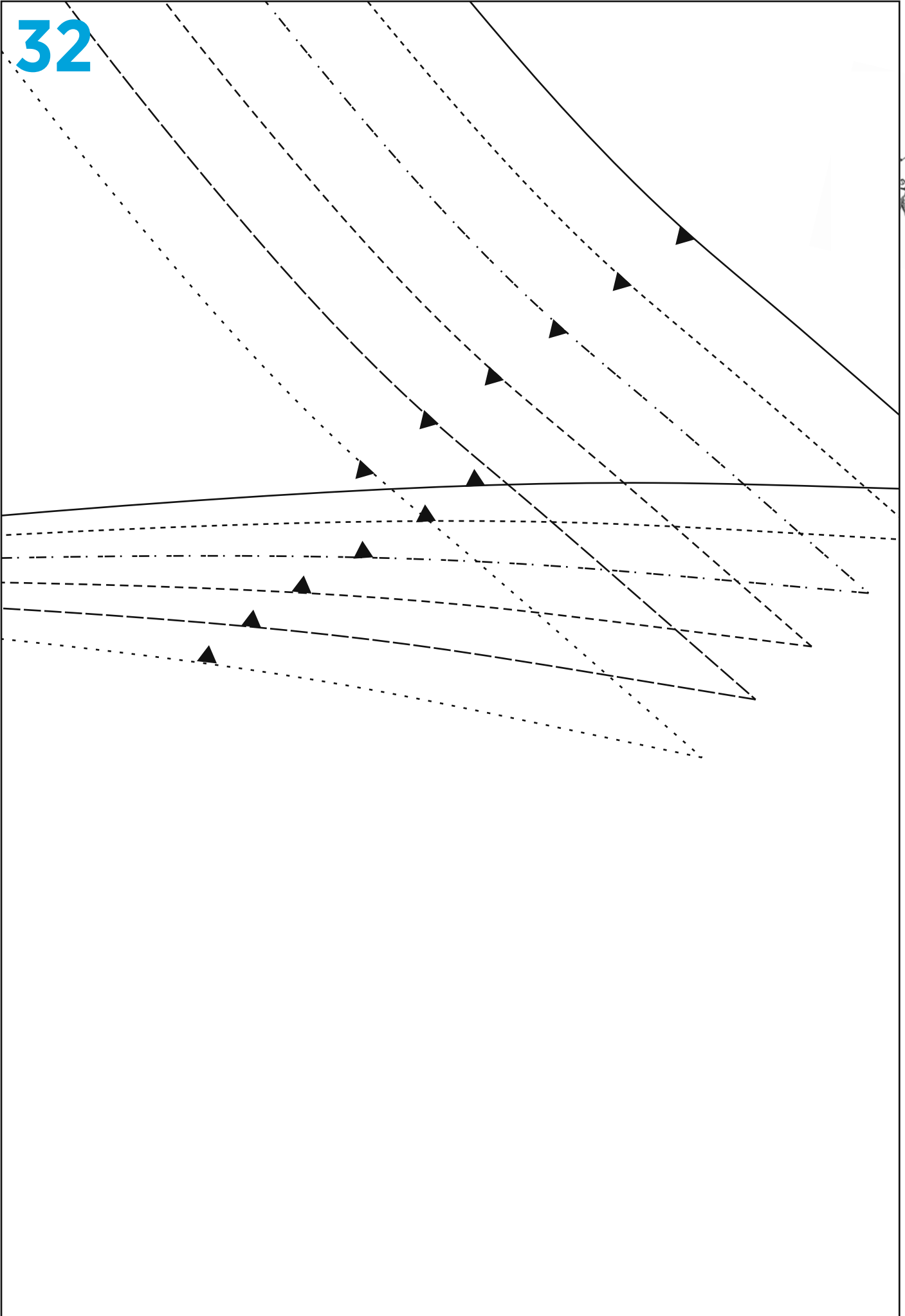
Grain

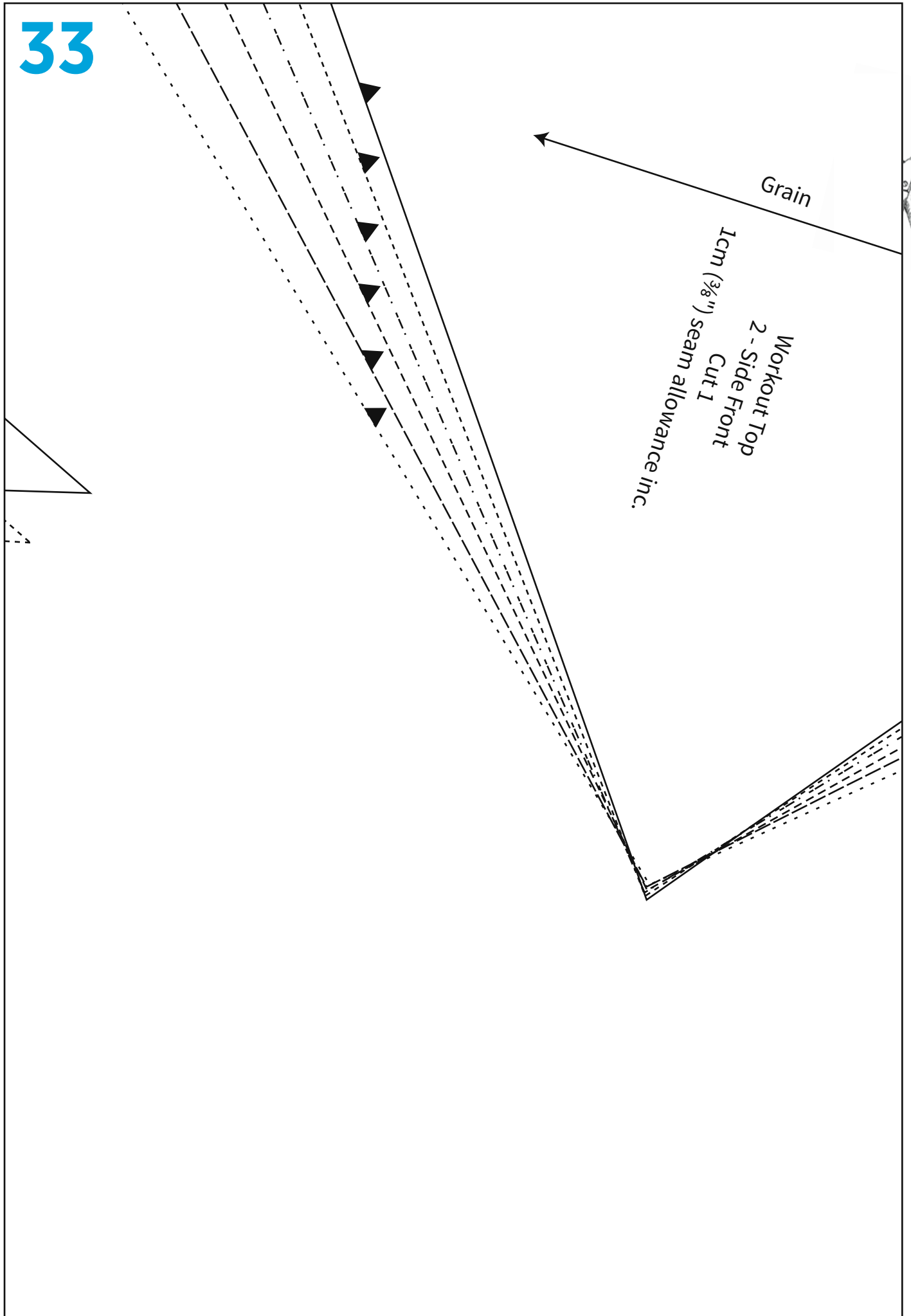




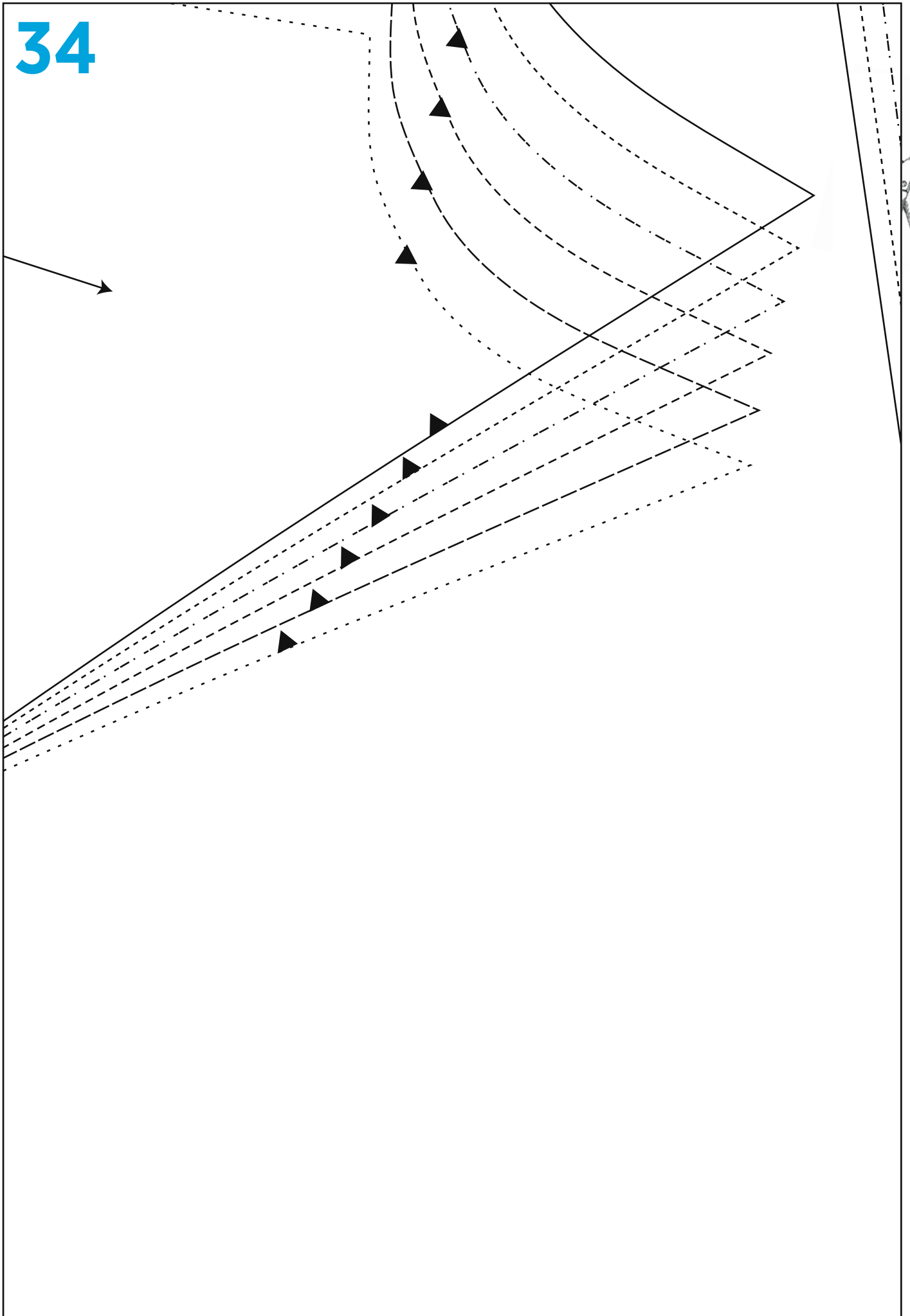


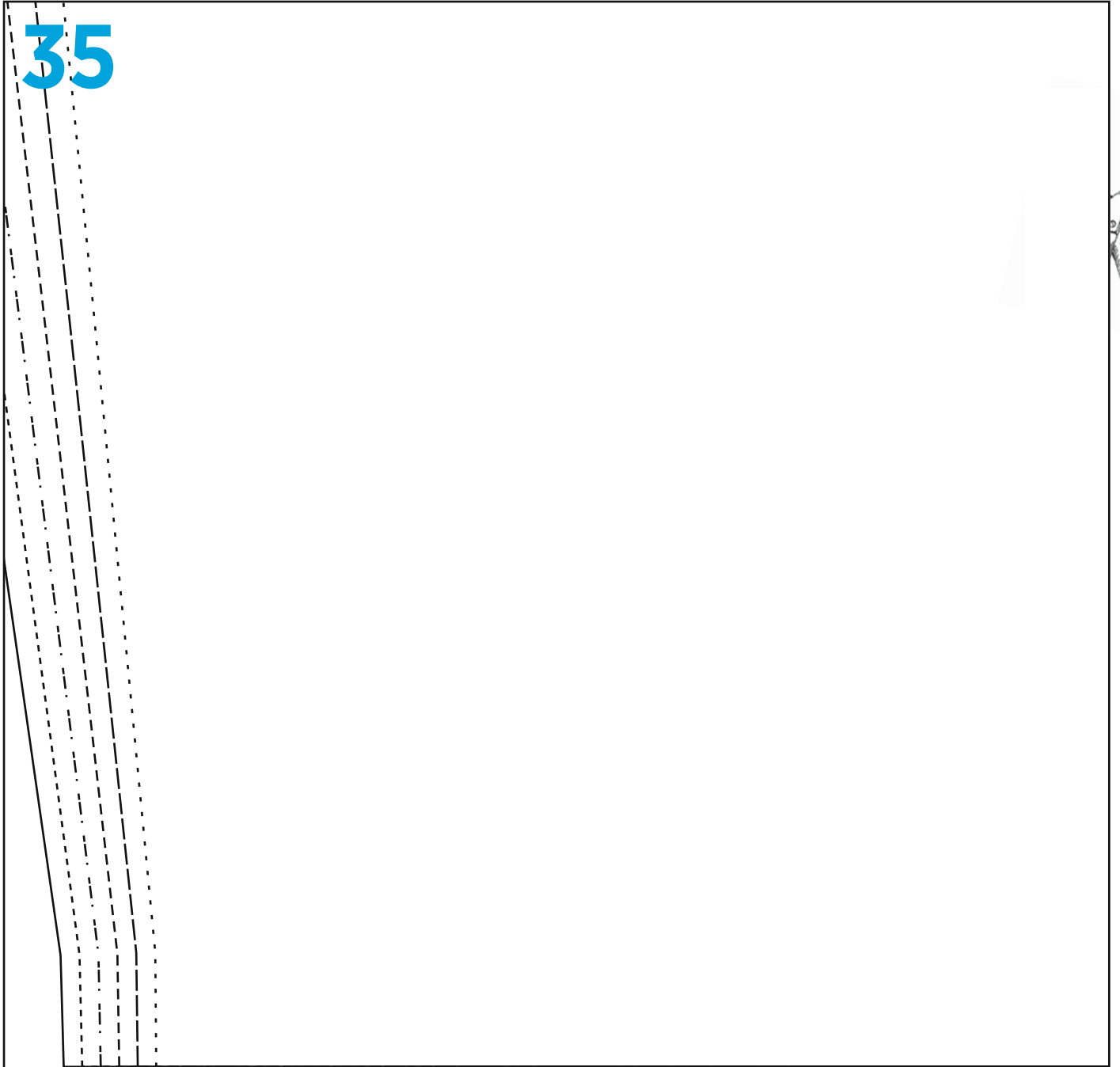






34





36

